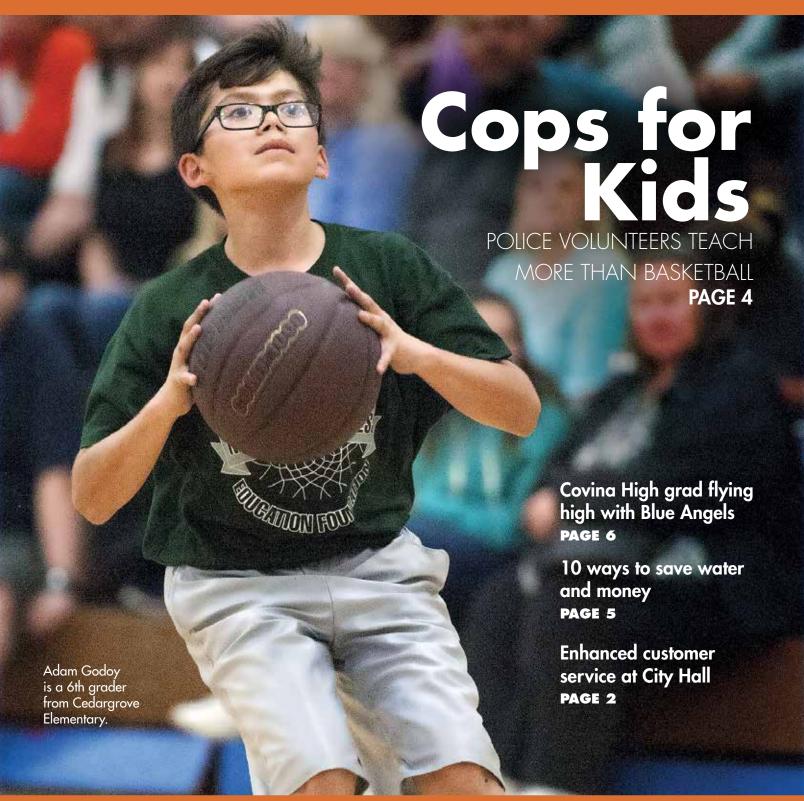
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**INSIDE:** PARKS AND RECREATION SUMMER ACTIVITIES GUIDE, PAGES 10-47

# **CITY HALL ELEVATES CUSTOMER SERVICE**

#### Dear Neighbor,

The heart of our mission here at City Hall is serving the community. And now we're taking concrete steps to elevate that service to the next level.

We are adding a new reception area on the first floor of City Hall. Employees will staff the desk to greet whoever walks in and point them in the right direction to get the help they need.

We also have a new central City Hall phone line (626-384-5400) with a dedicated operator, making it easier for residents to get to the department they need without having to dial multiple numbers. Existing numbers still work, too.

But residents and visitors aren't our only customers. The job creators — the developers and the businesses — are important customers.

That's why the new reception area will be staffed with employees who can facilitate the planning and approval process for prospective projects.



Apparently, the word is out that Covina is stepping up its game.

More than 200 new businesses chose our city as their new home in 2015, among them Sage Chevrolet and stalwarts like Howard's Appliances.

And it's only beginning. On the horizon is the transformation of the vacant Banna school site into new homes and, with the community's input, the best new senior center we can build.

Our investments in service are literally visible on the streets of Covina, as we improve roads and trim and plant new trees.

Interest in our community is not slowing down. We're not going to

slow down either.

As always, I welcome your feedback and input.

#### Andrea Miller

City Manager amiller@covinaca.gov

# City of Covina

Mayor Pro Tem Council Member Council Member Council Member City Clerk

Mayor **Kevin Stapleton** Jorge A. Marquez Walter Allen, III Peggy A. Delach John C. King Mary Lou Walczak **Geoffrey Cobbett** 

#### **CITY OF COVINA EXECUTIVE TEAM**

Interim Police Community Development Human Resources Parks & Recreation/Library Public Works Interim Finance

City Manager Andrea M. Miller **Kim Raney** Brian K. Lee **Danielle Tellez Amy Hall-McGrade** Siobhan Foster **Dennis Swink** 

is published by the City of Covina. 125 E. College Street, **DAY** Covina, CA 91723-2199

phone: 626.384.5400 email: info@covinaca.gov

We continue to make changes to the newsletter to make it interesting to the community. If you have any suggestions please contact us.

PLEASE FOLLOW US ON SOCIAL MEDIA.



Covina **TODAY** www.covinaca.gov

# SENIOR CENTER PLANS PROGRESSING

On Tuesday April 5, 2016, the City Council eliminated four of the eight sites being studied for the proposed new Senior & Community Center project. The remaining locations under consideration are:

- Civic Center/State Building (233 North Second Avenue)
- Covina Woman's Club (128 South San Jose Avenue)
- Hollenbeck Park (1250 North Hollenbeck Avenue)
- Kelby Park (815 North Barranca Avenue)

In addition, the Council encouraged City staff to expand their efforts to identify any additional viable sites for continued study. The major components of the site selection include; location, lot size, parking, traffic safety, and project funding.

City staff is continuing the systematic assessment of sites and receiving community input, and will present results to the City Council in the coming months. The City is committed to moving this critical community project ahead as swiftly as possible.

The Joslyn Center was closed on February 29, 2016. The senior programming has been temporarily relocated to LA County's Valleydale Community Park at 5525 North Lark Ellen in Azusa. See pages 41-46 for senior programs and services

The City staff is actively seeking input from the community regarding the amenities to be included in the new building with the guidance of Gonzalez Goodale Architects.

#### For project updates go to the following:

City Website: www.covinaca.gov

Facebook: www.facebook.com/cityof.covina/

Twitter: @cityofcovina

Nixle: register at www.nixle.com

Community residents may also email their questions, comments or concerns to **srproject@covinaca.gov** 

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Patrol officer Frank Medina coaches Glen Oak Elementary basketball team. Page 6

### **POLICE SEEKING VOLUNTEERS**

Citizen Volunteers donated 4,601 hours to the Covina Police Department last year. The program is such a success that police are hoping to expand their volunteer team.

Duties include assisting with traffic control and special events, such as the annual Christmas Parade. Volunteers might also transport vehicles for service repairs, do residential vacation checks, serve subpoenas or complete overnight parking permit inspections.

The Police Department will provide classroom training. Prospective volunteers are also encouraged to attend the department's Citizens Academy, a seven-week program designed to show residents and people who work in Covina how their police department functions.

For more information visit http://covinaca.gov/join-our-team/volunteers or contact cbobkiewicz@covinaca.gov or call 626-384-5630.



McGruff the Crime Dog joined police officers during last year's National Night Out. This is the 18th year Covina has participated in the national effort to enhance policeneighborhood relationships.

#### SAVE THE DATE, NATIONAL NIGHT OUT

What: A citywide effort to make Covina safer

When: Aug. 2, from 6-9 p.m.

Where: 20 neighborhood block parties

For more info: covinaca.gov/cpd or cbobkiewicz@covinaca.gov

#### FIREWORKS WILL COST YOU

The Covina City Council voted at an April meeting to increase the maximum fine for setting off fireworks from \$500 to \$1,000.

This pertains to all manner of pyrotechnics, including sparklers and other so called "safe and sane" fireworks sold in neighboring cities.

The reason: They're dangerous, sending people to the emergency room each July with burns, hearing loss and eye injuries. The sparks from fireworks that shoot high in the air can also send burning embers onto roof tops, setting them on fire.

Anyone who violates the fireworks section of the Municipal Code is guilty of a misdemeanor. The code also continues to allow for violators to be imprisoned for up to six months.



# 10 WAYS TO SAVE WATER

Despite recent rains, California is still in a drought and the state extended mandatory urban conservation through October 2016.

Covina's statemandated water reduction target is 26 percent. Since June, the City has reduced water use 22.4 percent.

Here are tips from **bewaterwise**. **com** and the approximate amount you will save.



- Wash only full loads of laundry and dishes, 50 gallons a week.
- Spend less than 5 minutes in the shower, up to 8 gallons a time.
- Turn off the water while you brush your teeth, up to 2.5 gallons.
- Water your lawn 1-2 days a week instead of 5, up to 840 gallons
- Use a broom instead of a hose to clean driveways and sidewalks, up to 150 gallons each time.
- Water your plants in the early morning or evening to reduce. evaporation and ineffective watering due to wind, up to 25 gallons.
- Mulch around plants to reduce evaporation, hundreds of gallons.
- Check your sprinkler system for leaks, overspray and broken sprinkler heads and repair promptly, up to 500 gallons a month.
- Talk to friends and family about saving water.

#### **POOLS AND SPAS**

The Covina City Council repealed a section of the Water Conservation Ordinance last September to allow the filling of pools and spas, despite the ongoing drought. Pools with decks actually use half the water of a lawn. But there are ways pool owners can conserve even more.

- Install a pool cover to reduce evaporation by up to 90 percent.
- Lower the water level to minimize the amount you lose from splashing.
- Plug the overflow line when the pool is in use.
- Replace sand and DE filters with cartridge filters that do not require backwashing.
- Check your pool for leaks, or hire a professional to do it for you.
- Shut off water features, such as fountains and waterfalls

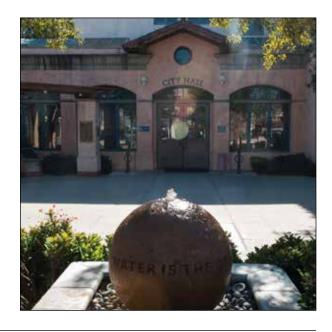
#### **CITY HALL STREAMLINES SERVICES**

In a big step toward enhancing customer service, City Hall has a new reception area and a new central phone line.

The reception area is located on the first floor of City Hall, visible from most of the five entrances, so visitors are immediately greeted and assisted.

Reception area employees will also staff a central City Hall email and serve as operators for a central City Hall telephone line (626-384-5400). Current staff numbers will remain the same for those who want direct access.

The new staff will also provide administrative support services to various City departments, including scanning, filing, entering database updates, document typing and preparation, and coordinating large mailings.



# BASKETBALL BRINGS KIDS AND COPS TOGETHER

Glen Oak Elementary beat Cedargrove Elementary 18-9 in Charter Oak's second annual March Madness basketball tournament.

But they weren't the only winners.

The tournament rallied the community, filling the bleachers at Royal Oak Middle School, where 11 games were played over a week.

The tournament's goal: To give students an opportunity to participate in team sports.

The tournament is organized by the Charter Oak Education Foundation, a non-profit that raises money for programs that Charter Oak schools can't afford because of budget cuts.

Since its inception in 2009, the foundation has raised more than \$150,000 to fund a number of music, arts and academic enrichment programs for various schools.

The one component that didn't receive enough funding was sports.

To fill that gap, Covina Police Sgt. Gregg Peterson suggested the foundation, of which he is a board member, organize a March Madness Basketball Tournament last spring.

This year, about 75 sixth grade boys and girls from all five of the district's elementary schools (Badillo, Glen Oak, Cedargrove, Willow and Washington) signed up.

This year, Peterson put out the word around the police station that they were looking for volunteers to coach and referee. A dozen officers, including two captains and



Glen Oak Elementary team members pose with their coaches, Patrol officer Frank Medina (in uniform) and Glen Oak sixth grade teacher Chantel Sarver (holding the plaque), after winning Charter Oak's second annual March Madness basketball tournament.

a lieutenant, raised their hands.

"This is an opportunity for the kids to see the officers in a light they normally don't see; interacting, high-fiving, joking. We're trying to break barriers. We're trying to build relationships," said Peterson.

Patrol officer Frank Medina even wore his uniform to games. He coached Glen Oak alongside sixth grade teacher Chantel Sarver.

The prize for winning? Bragging rights.

But more than the thrill of victory, the kids learn the value of sportsmanship, teamwork and fitness.

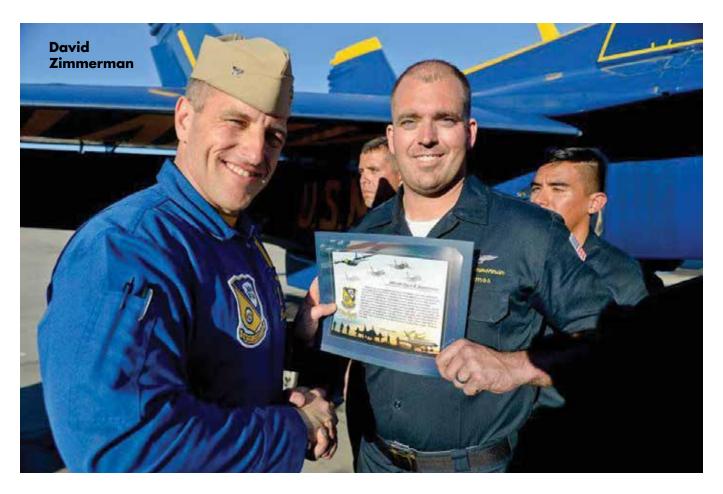
"I got so many new friends," Cedargrove sixth grader Nicholis Fowler, 12, said. "It's awesome."

The students aren't the only ones with a healthy rivalry. Royal Oak's gym echoed with chants and foot stomping at the championship game. Some fans brought signs. Every basket brought cheers from the crowd.

Superintendent Mike Hendricks watched from the sidelines.

"What's really great is our kids get to see the police department in a very positive environment," he said.

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# **COVINA MAN 'A BLUE ANGEL'**

When David Zimmerman was a small boy growing up in Covina his mother took him to a Blue Angels air show and he was smitten with the daredevil fliers.

But it wasn't until he graduated from Covina High in 2004 and joined the Navy that it dawned on him.

"I was like, 'Man, I can actually be part of the (Blue Angels) team. I can be that guy."

And now he is.

Zimmerman's first job out of high school was serving in the Navy Honor Guard in Washington, D.C. After that he did two deployments in the Middle East, one on the USS Roosevelt and another on the USS George H.W. Bush.

In 2014, the Petty Officer First Class applied to the elite Blue Angels, the Navy flight demonstration squadron that travels the country putting on air shows. It is a highly selective post. Only 120 are picked for each three-year tour.

So Zimmerman was thrilled when he got the job. He joined the team at the start of the 2015 season as an

aviation structural mechanic.

"It's been amazing," said the 29-year-old. "It's been really humbling ... to represent the Navy Marine Corps."

Zimmerman's job is to maintain the F18 Hornet and the C-130 Fat Albert as the team traverses the country.

If you attended the Los Angeles County Air Show March 19 or 20 in Palmdale, Zimmerman was there. So were some of his fans: His mom and aunt and uncle, all of whom still reside in Covina, and a few high school buddies.

His biggest fan, though, is his 2-year-old son Ryan, who is an airplane fanatic.

"That's what really puts me over the edge,"
Zimmerman says. "He's gonna be able to tell his
buddies, 'My dad is a Blue Angel.' It almost makes you
cry."

He has a message for his old neighbors.

"I just want to thank everyone from my hometown for helping me to grow up," he says. "I look forward to representing Covina for the rest of the season."

# FREE! SUMMER ENTERTAINMENT SERIES

Covina Park, 301 N. Fourth Avenue www.covinaca.gov (626) 384-5340

### COVINA CONCERT BAND

# SVING FESTIVAL Burday & Sunday June 11 & 12 • 2-8 pm \

Dance the night away as the Covina Concert Band presents the 8th Annual Swing Festival!

Bring your picnic blankets, lawn chairs, or seat yourself on one of the many benches at the bandshell in Covina Park and enjoy the swingin' sounds of bands from all over California.

# MONDAY

#### 7:30 pm - Starlight Concert Series

Cash Up Front (Tribute to Johnny Cash)
Joanie Francis & the Boomers (Classic Rock)
Scot Bruce is Elvis (Tribute to the King)
Smokin' Cobras (50s, & 60s)
Stone Soul (Soul, Motown, R&B)
Film at Eleven (60s & 70s, Disco)
City Beat (Energetic Dance Band)



Start the 4th of July off right with a delicious pancake breakfast, and then relax and enjoy the wonderful Covina Concert Band as they present America's finest patriotic music.

#### www.covinaconcertband.org

8:30 – 10:30 am Pancake Breakfast (\$5) 8:45-10 am Patriotic Concert

# TUESDAY

#### 6:30 pm - Kids' Night Out

Crafts, giveaways, games, singing, and movies!

June 21 Home (PG)

TM & © DreamWorks L.L.C.

Wear purple like OH!

June 28 Kung Fu Panda 3 (PG)

TM & © DreamWorks L.L.C.

Wear your Martial Arts uniform!

Martial Art Presentation by Bushido!

July 12 Hotel Transylvania 2 (PG)

© Columbia Pictures & © Sony Pictures

Wear your Halloween Costume!

July 19 Prep & Landing (PG) and

Prep & Landing - Naughty vs. Nice (PG)

© Walt Disney Pictures It's Christmas in July!

July 26 Inside Out (PG)

© Walt Disney Pictures

Wear your clothes INSIDE OUT!

August 2 Finding Nemo (PG)

© Walt Disney Pictures

Bring a picture of your favorite sea creature to put on our aquarium poster.

# THURSDAY

#### 7:30 pm - Covina Concert Band Series

Enjoy the wonderful sound of the Covina Concert Band!

June 30 H20

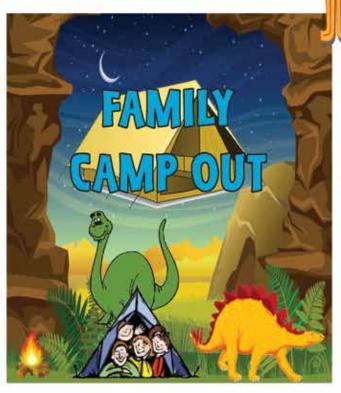
July 7 America

July 14 Sky-Space-Heavens & Twist of Orange

July 21 Broadway's Best

July 28 Sports & Twist of Orange

August 4 Favorites



Saturday, July 9, 2 pm through Sunday, July 10, 10 am

#### Location:

Kahler Russell Park 735 N. Glendora Avenue

#### Cost: \$15 per person (includes 2 meals)

This WONDERFUL family adventure includes activities, games, crafts, dinosaur hunt, campfire entertainment, s'mores by the fire, a movie, dinner, and breakfast too!

Register now through June 24 or until filled, at the Parks & Recreation office, 1250 N. Hollenbeck Ave. Camp space is limited, so register early! All participants must bring their own tent and tools to set up camping area. For more information or to register by phone, please call (626) 384-5340.

# SUMMIER'S END CHARITY CONCERT **Saturday, July 30 5-9:30 pm**

Great music, good food, and all for charity!

**Entertainment Schedule** 

5-6 pm California Sun (Surf Music) 6:30-7:30 pm Better than Blue (Classic Rock) Suave (R&B, Jazz, Swing, Latin) 8-9:30 pm

#### Non-Profit Vendor Booth Space Available

Booth spaces available for \$10 for 501 (c)(3) non-profit organizations. Limited space available, sign up early. Applications available at www.covinaca.gov, under special events, beginning June 1.

In partnership with the City of Covina, the Covina Chamber of Commerce presents the



# Thursday, June 23 at 6 pm Heritage Plaza, 400 N. Citrus Ave.

Covina's premier social event of the season! Enjoy fabulous cuisine from various local restaurants! Wine tastings included!

Entertainment provided by Citrus College.

\$25 per person

Tickets may be purchased online at www.covina.org







International Real Estate Services, Grand Printing, Foothill Transit, Forest Lawn

# THANK YOU TO OUR MAJOR SPONSORS





Community Healthcare

















# CONCERT BAND CELEBRATES DIAMOND ANNIVERSARY

The Covina Concert Band turns 60 this year and has commissioned a composition by film and TV composer Rossano Galante to celebrate.

The band's summer series kicks off June 30 at the Covina Park Bandshell. It will perform Galante's composition at the final concert on August 4.

"Introduce the kids to something called The Great American Songbook, or a cowboy lament, maybe even a Duke Ellington big band blast," says Band Director Tom Ridley.

The size of the band is generally around 60 members.

They're a talented and diverse group of individuals, ranging in age from their teens to their early 80s.

Trombone player Ken Linden, 73, has been with the band the longest. The retired engineer joined in 1969.

"You find people you like and develop friendships and the next thing you know, it's been 47 years," he says.

The typical turnout is about 250 people.

"That band right now is probably as good as it's ever been," Linden says.

Some members come from as far as south Orange County to rehearse Monday evenings at the park's recreation hall.

Band members volunteer their time. All concerts are free.

A city band was organized in the town of Covina around 1890. The Covina City Band got a permanent home in 1924 when the Lions Club built a bandshell in the newly constructed Covina Park.



Photograph, C.W. Tucker, Collection, Covina Valley Historical Society. Covina Concert Band, founded in 1956 – "Delivering the Joy of Music"



The Covina Band today

"That band right now is probably as good as it's ever been,"

TROMBONE PLAYER KEN LINDEN

In addition to the band's annual Memorial Day performance at Forest Lawn, seven park concerts are slated for this summer.

Visit CovinaConcertBand.org for dates, times and themes, which this year will include a sports tribute and Broadway's best.

10 Covina today www.covinaca.gov

# 2016 AQUATIC PROGRAM



Michael D. Antonovich Aquatic Center at Covina Park 301 N. Fourth Ave.



The City of Covina in partnership with Blueray Management is proud to offer:



Blueray swim lessons are taught with a student-first focus, emphasizing safety and swimming skills together as part of an individual's development.

# **Open House**

# Sunday, June 5 1-3 pm

In-Water Assessments
Free Swim Lesson
Meet the Blueray Staff

# Mem

### **Register by Level**

- No Mandatory In-Water Test.
- Parents determine child's level by referring to Blueray's Progressive Learn-to-Swim Skills descriptions.
- If child has never taken swim lessons, they must register for Level 1
- If registering for multiple sessions, parents should estimate child's progression. If Level transfers are required after registration, every effort will be made to accommodate child at same time slot. However, transfer options may include other times.

#### **Registration Dates**

MAIL-IN Registration now being accepted.

NO drop-off registration forms will be accepted until May 9.

MONDAY, MAY 9 — PHONE-IN and WALK-IN Registration begins - Call (626) 384-5340.

\*\*Registration only accepted until 5 pm on the Thursday prior to each session start date, or until filled, whichever occurs first. Classes fill quickly, so register early! \*\*

#### **Registration Location**

Covina Parks & Recreation Department, 1250 N. Hollenbeck Avenue (between Covina Blvd. and Arrow Hwy.) Office hours are Monday-Thursday and alternate Fridays, 10 am-5:45 pm *Open Fridays:* 5/13, 5/27, 6/10, 6/24, 7/8, 7/22, 8/5, 8/19, 9/2, 9/16 *Closed Holidays:* 5/30, 9/5

#### **Important Information**

- Transfers or credits MUST be requested by 5 pm on the Thursday prior to session start date.
- NO REFUNDS will be issued for swim lessons.
- No refunds, credits or makeups for classes canceled due to fecal/biohazard incidents or inclement weather.
- Classes or programs with low enrollment may be canceled.

Visit www.covinaca.gov for complete listing of Pool Rules and Pool Rental information.

#### WEEKDAY SWIM LESSONS Monday-Thursday (8 days)

#### WEEKDAY LESSON DATES

**Session 1:** 6/13-6/23 **Session 5:** 8/8-8/18

Session 2: 6/27-7/7\* (no class 7/4) Session 6: 8/22-9/1 (Sessions 6 and 7: classes offered

Session 7: 9/6-9/15\* (no class 9/5) at 3:50 pm and later only)

Session 4: 7/25-8/4

#### WEEKDAY LESSON FEES

Group Lessons: \$60 per session; \*\$53 - Sessions 2 and 7 only

Semi-Private Lessons: \$110 per person/per session; \*\$97 per person Sessions 2 and 7 only

Private Lessons: \$160 per session; \*\$140 Session 2 and 7 only

#### Classes offered at times indicated by "X"

	PRIVATE AND SEMI-PRIVATE	PARENT/CHILD 6 mos 2 years	ADULT/TEEN (Ages 13 & up)	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5
9:00 - 9:40 a.m.	Х			х	х	х	х	х
9:50 - 10:30 a.m.	х	х	х	х	х	х		
10:40 - 11:20 a.m.	х	х		х	х		х	х
11:30 a.m12:10 p.m.	Х			х	х	х	х	
12:20 - 1:00 p.m.	х			х	х	х		х
3:00 - 3:40 p.m.	Х			х	х	х	х	
3:50 - 4:30 p.m.	Х		х	х	х		х	
4:40 - 5:10 p.m.	Х	х		х	х	х		
5:20 - 6 :00 p.m.	Х			х	х	х	х	х
6:10 - 6:50 p.m.	х	х	х	х	х	х	х	х

#### **SATURDAY SWIM LESSONS** (5 Saturdays)

SATURDAY LESSON DATES SATURDAY LESSON FEES

Session 1: 6/11-7/9 Group Lessons: \$40 per session

Session 2: 7/16-8/13 Semi-Private Lessons: \$70 per person/per session

Session 3: 8/20-9/17 Private Lessons: \$100 per session

#### Classes offered at times indicated by "X"

	PRIVATE AND SEMI-PRIVATE	PARENT/CHILD 6 mos 2 years	ADULT/TEEN (Ages 13 & up)	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5
9:00 - 9:40 a.m.	Х			х	х	х	х	х
9:50 - 10:30 a.m.	х	х	х	х	х	х		
10:40 - 11:20 a.m.	х	х		х	х		х	х
11:30 a.m12:10 p.m.	х			х	х	х	х	
12:20 - 1:00 p.m.	х							

#### **CLASS RATIOS**

Group Lessons: Maximum of 6 per class Semi-Private Lessons: 2 or 3 per class\*

Parent/Child: Maximum of 10 per class \*Participants must register together. The Parks & Adult/Teen: Maximum of 10 per class Recreation Department does NOT "match up"

Private Lessons: 1 per class participants.

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#### **Aquatic Fitness Programs!**

June 13-August 18

AQUA ZUMBA® CLASSES (Ages 13 & up)

This low-impact, high-energy workout is one you don't

want to miss!

DAYS & TIMES: Monday-Thursday, 7:45-8:45 am

Monday & Wed., 8:10-9:10 pm

FEES: \$5 per class drop-in or \$95 Flex Pass\*

\*Use for any 20 classes. (NO refunds for unused classes.)

LAP SWIMMING (Ages 13 & up)

DAYS & TIMES: Monday-Thursday, 7-8:45 am

Monday-Thursday, 8:10-9:10 pm

FEES: \$2 per visit or \$70 per person unlimited pass

#### **Recreational Swimming**

June 13-August 18

Supersoakers and beach balls are allowed!

(Ages 6 and under must be accompanied by an adult in the water.)

DAYS/TIME: Monday-Thurs., 1:30-2:45 pm

FEE: \$1 per person per visit

# **Parent & Me Practice Swim**June 14-August 18

For children, ages 1-12, who must be accompanied by an adult at all times in the water. Maximum of two children per adult.

DAYS/TIME: Tues. & Thurs., 8:10-9:10 pm

FEE: \$2 per person per visit

#### **Swim Team**

(Ages 5-17)

DATES: June 13-August 18

DAYS & TIME: Monday-Thursday, 7-8 pm

FEE: \$195 (includes T-shirt and meets)
REGISTER BY: Friday, June 10 or until filled

MANDATORY TRYOUT: Thursday, June 9, 5:30-6:30 pm

Swimmers <u>MUST</u> be able to swim each of the following for 25 yards: Butterfly, Backstroke, Breaststroke, Freestyle.

#### American Red Cross Jr. Lifeguard Course

For ages 11-14, program covers water safety and the duties and responsibilities of a lifeguard. For intermediate to advanced swimmers. Swim test at first class. Visit www.covinaca.gov for specific list of prerequisites.

#### **DATES & TIMES:**

Monday-Thursday, July 18-21, 9 am-1 pm

Friday, July 22, 9 am-4 pm

FEE: \$75 (includes instructional book and certificate)

REGISTER BY: Thursday, July 14

#### **BLUERAY'S PROGRESSIVE LEARN-TO-SWIM SKILLS**



#### LEVEL 1—SAND SHARKS (Water Orientation)

Enter/exit water; blow bubbles with nose; bobbing with bubbles; front float; back float; front glide; recover from front glide to standing; into to kicking; recover from back float to standing; front float to back float; retrieve submerged object



#### LEVEL 2—TIGER SHARKS (Water Safety)

Enter/exit shoulder deep water; bobbing in chest deep water; submerge and hold breath; retrieve submerged toy; Superman kicking on board; roll front to back and back to front; back glide recovery to front float; back float recovery to kicking; intro to arm propulsion; change direction of travel; combined arm and leg action



#### LEVEL 3—HAMMERHEAD SHARKS (Water Balance)

Bobbing while moving toward safety; bobbing with bubbles; intro to streamline; push off and streamline; push off and streamline with kick; side breathing on wall; side breathing with board; unassisted side breathing to instructor; move from horizontal to vertical position; independent front crawl; intro to backstroke drills



#### LEVEL 4—GREAT WHITE SHARKS (Arm Propulsion)

Front and back streamline with kicks; front crawl/back stroke open turn; intro to breaststroke; intro to butterfly kick; diving from sitting position; diving from kneeling position; feet first surface dive; underwater swim; intro to standing dive; independent front crawl; independent back stroke

#### LEVEL 5—SWIM TEAM PREP

Front crawl; back stroke; intro to breaststroke arms; intro to butterfly arms; proper starts for all strokes; breaststroke; butterfly stroke; shallow-angle dive from side; shallow-angle dive to streamline; tread water

# CAMP COVINA

**Ages:** 6-11, **Location:** Cougar Park, 150 W. Puente St., **Days/Time:** Monday–Friday, 7 am–6 pm, **Registration Location:** Parks & Recreation office, 1250 N. Hollenbeck Ave.

Join the fun! This structured summer day camp provides children with a fun, safe place to spend their summer days. Campers will develop their leadership skills while engaging in an exciting camp experience. Exciting activities, including arts & crafts, science experiments, sports, games and much more, are offered daily. Participants have the opportunity to swim each week and field trips/special event days take place once per week. Campers must bring their own lunch, and snacks are provided daily. Campers must be at least age 6 and have completed kindergarten prior to their first day of camp. Completed Registration Paperwork must

be submitted at the time of registration, NO EXCEPTIONS! Registration Packet, payment options, refund policy and camp rules are available at the Parks & Recreation office and online at www.covinaca.gov. For more information, call (626) 384-5340.

FEES: \$130 per week/per child \$105 (week 4 only due to July 4 holiday) \$10 T-shirt fee (a minimum of one T-shirt must be purchased – NO EXCEPTIONS!)

#### **REGISTER NOW!**

	PROGRAM DATES						
Week	Dates	Payment Due Dates*	Camp Theme	Field Trip***			
1	June 13-June 17	June 6	Wild, Wild West	San Bernardino County Museum			
2	June 20-June 24	June 6	Rockin' summer	OC Ropes Course			
3	June 27-July 1	June 20	To Infinity and Beyond	Randall Planetarium			
4**	July 5-July 8	June 20	Make a Splash	Cucamonga-Guasti Regional Park			
5	July 11-July 15	July 5	Discover Summer	Discovery Cube Orange County			
6	July 18-July 22	July 5	Paws and Claws	Movie – The Secret Life of Pets			
7	July 25-July 29	July 18	Wilderness Adventures	Irvine Regional Park - OC Zoo			
8	August 1-August 5	July 18	Let the Games Begin	Jumping Jacks			
9	August 8-August 12	August 1	Go for the Gold	Santa Fe Dam Recreation Area			
10	August 15-August 19	August 1	Closing Ceremonies	Columbia Memorial Space Center			

<sup>\*</sup>If enrolling in Automatic Payment Program, due dates will be provided at time of registration.

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<sup>\*\*</sup> No camp Monday, July 4.

<sup>\*\*\*</sup>Trips subject to change.

# YOUTH SPORTS

#### LITTLE TOTS

The Little Tots program provides 3- to 4-year-olds with a fun and exciting noncompetitive environment in which they can experience sports for the first time. The first part of the program consists of drills and the last few weeks children play friendly games. Program is coed – boys and girls play together. Participants must be age 3 by the first day of the program - NO exceptions!

#### PEE WEE, JUNIOR AND YOUTH

The Pee Wee (5-6 years), Junior (7-8 years) and Youth (9-11 years) programs provide instruction and fun for participants in a noncompetitive atmosphere. Sessions are led by trained staff who emphasize each child's individual skill development by raising self-esteem and developing a joy for the sport. The program covers fundamental skills, and scrimmage games are played to incorporate the skills taught. Programs are coed – boys and girls play together.

#### **PARENT & ME**

The Parent & Me program focuses on developing participants' motor skills as well as beginning to build the basic skills specific to each sport. Coaches guide each parent/child group through a variety of fun exercises and games that encourage positive play and socialization. The season concludes with a short informal scrimmage game.

#### **REGISTRATION LOCATION:**

Parks & Recreation office, 1250 N. Hollenbeck Ave. (626) 384-5340.

#### **REGISTRATION DATES:**

Now through first week of program or until filled.

REGISTRATION FOR FALL SOCCER, FLAG FOOTBALL AND BASKETBALL CAMP BEGINS AUGUST 8!

SPORT	AGE	DAYS	TIMES	FEE	PROGRAM DATES	LOCATION
PARENT & ME SOCCER	18mos-3 yrs	Thursdays	5-5:30 pm	\$55	June 23-August 4	Covina Park
PARENT & ME SOCCER	18mos-3 yrs	Saturdays	9:15-9:30 am	\$55	June 25-August 13*	Covina Park
PARENT & ME BASKETBALL	18mos-3 yrs	Saturdays	10-10:30 am	\$55	June 25-August 13*	Covina Park
LITTLE TOTS T-BALL	3-4 yrs	Saturdays	9-9:45 am, 10-10:45 am	\$68	June 25-August 20*	Hollenbeck Park
LITTLE TOTS T-BALL	3-4 yrs	Tues. & Thurs.	5-5:45 pm	\$91	June 21-August 11	Hollenbeck Park
PEE WEE T-BALL	5-6 yrs	Tues. & Thurs.	6-6:50 pm	\$91	June 21-August 11	Hollenbeck Park
JUNIOR SOFTBALL	7-8 yrs	Tues. & Thurs.	6-6:50 pm	\$91	June 21-August 11	Covina Park
YOUTH SOFTBALL	9-11 yrs	Tues. & Thurs.	7-7:50 pm	\$91	June 21-August 11	Covina Park
LITTLE TOTS SOCCER	3-4 yrs	Mon. & Wed.	5-5:45 pm	\$91	June 20-August 15	Hollenbeck Park
PEE WEE SOCCER	5-6 yrs	Mon. & Wed.	6-6:50 pm	\$91	June 20-August 15	Hollenbeck Park
JUNIOR SOCCER	7-8 yrs	Mon. & Wed.	7-7:50 pm	\$91	June 20-August 15	Hollenbeck Park

Fee includes a T-shirt and trophy or medal. T-ball participants also receive a cap.

<sup>\*</sup> No practice Saturday, July 2 (Program has been extended one week.)

<sup>\*\*</sup> No practice Monday, July 4 (Program has been extended one day.)

#### **ADULT SPORTS**

#### **SLO-PITCH SOFTBALL**

Coordinated by Major League Softball

#### **SUMMER 2016 SEASON:**

Leagues begin the week of June 19

#### **REGISTER ONLINE** at www.mlsoftball.com (select

"Programs" menu and find Covina) or call (714) 289-1983, extension 2.

#### **MANDATORY MANAGERS' MEETING:**

**Date & Time:** Wednesday, June 8, 6:30 pm **Location:** Parks & Recreation office, 1250 N. Hollenbeck Ave.

#### **LEAGUE DAYS:**

COED SLO-PITCH: Sunday, Monday, Thursday or Friday

#### **GAME LOCATIONS:**

Heyler Field, Badillo St. (between Grand Ave. and Glendora Ave., on Royal Oak Middle School campus) Savoy Field, 1359 E. Cypress St. (south side of Charter Oak High School)

#### FEES:

\$360 for new teams (Includes \$35 new team fee) \$325 for returning teams \$22 per team per game umpire/scorekeeper fee

Season is 10 games. Registration fee and forfeit bond are due at time of registration. Registration fee includes computerized scoring services, game balls, lights and field maintenance, awards for first and second place teams only. Umpire/Scorekeeper fees are due at each game at the game site.

For more information, contact Major League Softball at (714) 289-1983, extension 2 or **www.mlsoftball.com.** 

#### YOUTH SPORTS ORGANIZATIONS

# AMERICAN YOUTH SOCCER ORGANIZATION (A.Y.S.O.) - REGION 602

Bob Kiss at **rkissregion602@gmail.com** and www. aysoregion602.com

# CHARTER OAK YOUTH BASEBALL & SOFTBALL ASSOC.

Steve Herald, president@coybsa.com or www.coybsa.com

# CHARTER OAK YOUTH FOOTBALL & CHEERLEADING www.coyfc.com

#### **COVINA BASEBALL ASSOCIATION** (Pony Baseball)

Gilbert Morales (626) 966-1617

#### **COVINA NATIONAL LITTLE LEAGUE**

**Covina National Little League** 

Challenger Division (District 19)

Covina National Little League Girls Softball (626) 966-4962 and covinanational@gmail.com

#### **COVINA HILLS GIRLS SOFTBALL**

Beatriz Rivas (626) 487-8021, info@covinahillsfastpitch.com, www.covinahillsfastpitch.com

# COVINA VIKINGS YOUTH FOOTBALL & CHEERLEADING

www.leaguelineup.com/covinaviking

#### KARE YOUTH LEAGUE

(626) 442-1160, **info@kyl.org**, www.kyl.org

# COVINA VALLEY NATIONAL JUNIOR BASKETBALL LEAGUE

Ray Lokar (626) 678-0652, **director.cvnjb@gmail.com**, www.covinavalleynjb.org

# SPECIAL EVENTS

#### **COVINA FARMERS MARKET AND FAMILY NIGHT (Year-round)**

DAY & TIME: Fridays, 5-9 pm

**LOCATION:** Heritage Plaza, 400 N. Citrus Ave.

Enjoy the wonderful Covina Farmers Market. Great vendors, delicious food, great music and fun kids' activities and rides. Take a stroll along Citrus Avenue and experience the new lively and festive downtown Covina! Make it a new family tradition on Friday nights!

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# COVINA TEEN SCENE

COVINA'S T.E.A.M. (Teens Endeavor to Accomplish More) Are you a teen who enjoys volunteering and helping around the community? Join Covina's T.E.A.M. and participate in service projects and volunteer at community events each month. To be an active member, teens must attend a monthly meeting and one service opportunity each month. Attend the next meeting for more information.

#### **COVINA'S T.E.A.M. MEETINGS**

DAY & TIME:	Tuesdays, 6-7 pm
DATES:	June 7, July 12, August 2, September 6
LOCATION:	Hollfelder Teen Center, Covina Park, 301 N. Fourth Ave.

#### **ANNUAL T.E.A.M. SUMMER CHARITY DRIVE**

Help Covina's T.E.A.M. make a difference! Covina's T.E.A.M. will accept donations for Shepherd's Pantry during the Summer. Collection boxes will be located at the Parks & Recreation office, Covina Public Library, Aquatics Center and Summer Evening Entertainment Series at Covina Park, and Cougar Park. Help make a difference for Covina families!



For information, please contact the Parks & Recreation office at (626) 384-5340.



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# CULTURAL EXCURSIONS WITH THE CITY OF COVINA

Preregistration is required for all trips. Register at the Parks & Recreation Department, 1250 N. Hollenbeck Avenue, (626) 384-5340. Office hours are Monday-Thursday and alternate Fridays, 10 am-5:45 pm. Complete trip policies, including refund policy will be provided when registering and are also available at www.covinaca.gov.



# HOLLYWOOD BOWL FIREWORKS SPECTACULAR WITH CHICAGO

Celebrate the Fourth at the Bowl! Celebrate Independence Day with the legendary rock 'n' roll band with horns: Chicago! One of America's most popular rock bands, the Grammy winning hit makers appear playing "Saturday in the Park." Bring dinner and picnic on your own and enjoy the fireworks finale. Moderate to extensive walking and prolonged sitting and standing.

DATE & TIME:	Saturday, July 2, 5:30-11:30 pm
FEE:	\$51 (dinner not included)
REFUND DEADLINE:	June 2

#### THE GETTY VILLA

Renovation of the Getty Villa in Pacific Palisades began in 1996. Here you'll find art from the ancient Greek and Roman world dating from 6,500 B.C. to A.D. 400. Visitors now start their visit in a spectacular open-air Entry Pavilion, then progress along a scenic pathway to the heart of the site. With each building at a slightly different elevation, visitors experience the site as an archaeological excavation, every perspective offering new discoveries. Moderate to extensive walking and prolonged sitting and standing.

DATE & TIME:	Saturday, August 20, 9 am-5:15 pm
FEE:	\$25 (lunch not included)
REFUND DEADLINE:	July 20

#### **VENTURA ART AND STREET PAINTING FESTIVAL**

This waterfront art festival features more than 40 fine artists and artisans on the Ventura Harbor Village main lawn, as well as over 50 street chalk artists creating colorful murals along the Village promenade overlooking the boats. Then enjoy some time shopping and dining on your own at the Ventura Village Harbor. Moderate to extensive walking and prolonged standing.

<b>DATE &amp; TIME:</b> Sunday, September 11, 9 am-5:30	
FEE:	\$25 (lunch not included)
REFUND DEADLINE:	August 11

#### PETERSEN AUTOMOTIVE MUSEUM AND THE GROVE

The Petersen Museum houses some of the most interesting automotive exhibits and vehicles on display. You can explore the museum on your own and there will be friendly and knowledgeable volunteer Gallery Interpreters throughout all floors of the museum. You can explore the galleries, access the touchscreens and technology, and hear fascinating content about the new galleries and unique collection. Afterwards, you can have lunch and shop on your own at The Grove and the original Farmer's Market, Los Angeles. Moderate to extensive walking and prolonged standing.

DATE & TIME:	Sunday, October 2, 9 am-5:30 pm
FEE:	\$25 (lunch not included)
REFUND DEADLINE:	September 2

#### SIMPLY SOLVANG

Back by popular demand, a visit to Solvang for a full day of shopping, dining and exploring this wonderful village. Relish the smell of aebleskiver and Danish sausages while Folk Dancers play and dance to a festive tune. Moderate to extensive walking and prolonged sitting.

DATE & TIME:	Sunday, November 6, 8:30 am-7:30 pm
FEE:	\$25 (lunch not included)
REFUND DEADLINE:	October 6

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# COVINA PUBLIC LIBRARY

234 N. Second Ave., Covina, CA 91723

Circulation (626) 384-5303 Reference (626) 384-5293 Children's Services (626) 384-5312 Literacy Services (626) 384-5280

#### **OPERATING HOURS:**

Tuesday & Wednesday, 12-8 pm; Thursday & Friday, 11 am-6 pm and Saturday, 10 am-5 pm

#### **HOLIDAY CLOSURES:**

Saturday, May 28 Saturday, July 2 Saturday, September 3

#### **COVINA LIBRARY BOARD OF TRUSTEES:**

President Charles Kemp, Jeanne McCabe, Jimmy Roman, and Bill Stosskopf

#### **DONATE TO YOUR LIBRARY!**

The Library welcomes donations of materials, which are in good condition – free of odor, mold, bugs, damage, etc. Materials must be in plastic/paper bags or clean boxes. Call (626) 384-5297 to schedule a drop off. For more detailed guidelines on acceptable materials, visit www.covinaca.gov

#### **BRAINFUSE HELP NOW!**

Brainfuse is an easy, intuitive and engaging e-learning experience for all ages. Accessible 24/7 from any computer, this database offers homework help, skill building, a writing lab and live tutoring sessions. It also offers test preparation for GED, US Citizenship test, SATs and state standardized tests. Resume, cover letter writing and MS Office skills are also available. Visit **www.covinaca.gov** and go to the Library Services page.

#### LIBRARY SERVICES

iPads are available at your Library thanks to an Early Learning with Families 2.0 grant through the California State Library. Parents with children ages 6 months-12 years can check out an iPad for a maximum of 2 hours per day. Each iPad provides educational resources for parents as well as a wide variety of educational games for children. A current Library card is required.

#### CDs and DVDs

The Library has thousands of CDs and DVDs available. CDs are free to check out, and the rental rate for DVDs is just \$1.50 per week. Saturday is Bargain Day with all movies renting for just \$1 per week.

#### **YOUR E-LIBRARY**

Online databases for all ages.

#### **ABCMOUSE.com**

From Age of Learning, Inc., the award-winning ABCmouse. com curriculum is designed to help young children (ages 2-6+) build a strong foundation for future academic success. ABCmouse.com is 100% educational, with more than 3,500 learning activities across all major subject areas – reading, math, science, social studies, art and music. Best of all, kids love it!

#### **DRIVING TESTS**

Driving-Tests.org offers free practice written tests in English and Spanish, as well as the official California Handbook for vehicles, motorcycles and commercial vehicles. Questions are based on the current California Driver's Handbook. Prepare for your written test with this free tool

#### 24/7 ELECTRONIC RESOURCES

The Library has many online databases perfect for students of all ages, including college students and lifelong learners. Have your Library Card available, visit **www.covinaca.gov** and go to the Library Research page.

#### **TUMBLEBOOKS - FOR KIDS!**

Tumblebooks are animated, talking picture books designed for young readers who can listen at their own pace. Many titles are also available in Spanish or French, and each one includes interactive puzzles and games.

#### **WORLD BOOK ONLINE ENCYCLOPEDIA**

Browse encyclopedia articles, search for specific words or phrases, and view the student dictionary.

#### **ALL DATA - AUTOMOTIVE REPAIR**

This database includes color wiring diagrams, CircuitSelect for diagnosing electrical problems and oil circuit diagrams. Please visit the Library to use this database.

# CIRCULATION

#### LIBRARY CARDS

You must be 18 years of age to apply for a Library card. If under 18, both parent and minor must be present at the time of application. One of the following forms of identification is required:

An **unexpired California driver license** or ID card with a photo and current residential street address printed on the front.

An **unexpired Consular ID card** ("Matricula Consular") from Mexico, Argentina or Guatemala with current address.

If ID does not show current residential street address, then one of the following showing applicant's name and current address is required along with ID:

Utility bill issued within the last 60 days Current paycheck/check stub with company name Valid California DMV vehicle registration Bank statement issued within the last 60 days

For other forms of acceptable identification or further information, call (626) 384-5303 or visit www.covinaca.gov

A library card is your passport to adventure! Apply for yours today!

#### LIBRARY CATALOG SYSTEM

The Library's Catalog system includes online renewals of materials, user-friendly catalog searches and customized features for patron accounts.

# To access an account online, follow these steps if you have a Library Card:

Visit cov.ent.sirsi.net

Click on "My Account"

Enter your 14-digit Library Card number (no spaces) and your PIN number\*

Tabs will be shown for Personal Information, Checkouts, Holds and Fines

Click on the desired tab to view the information (renewals can be made from the Checkouts tab)

#### To register for a Library Card, follow these steps:

Visit cov.ent.sirsi.net

Click on "My Account"

Click on "Registration" and enter the requested information A temporary user ID will be provided, which may be used to place a hold on one item online and access the databases Online registrations are good for 30 days. Identification and proof of address must be brought to the Library within the 30 days to complete the Library Card application process and receive a Library Card.

\*For PIN number or other assistance, call (626) 384-5303.

# LIBRARY PROGRAMS

#### **SUMMER READING PROGRAM**

#### "READ FOR THE WIN!"

Register beginning Saturday, June 18, 1pm

**Program Dates:** June 18-July 30

Go for the gold! In honor of the 2016 Summer Olympics, this year we celebrate all things sports, health, and fitness! Everyone join in the fun, win weekly prizes and be entered into a grand prize! All ages welcome to participate. Children, collect your medals every week.

#### **SPECIAL EVENTS AND PROGRAMS**

Sponsored by the Friends of the Covina Public Library

#### **OLYMPIC SUMMER GAMES**

Summer Reading Program Kickoff Event Saturday, June 18, 1 pm

Let the games begin! Join us for our "Read for the Win" Mini-Olympics. Games Master Dave is ready to help you play! Join the competition and participate in an Olympics ceremony!

#### **INNOVATIONLA PRESENTS EXTREME SOCCER**

Saturday, June 25, 2 pm

InnovationLA presents extreme soccer, with some of the top talent in the world. These soccer freestylers are sure to make your jaw drop from juggling to handstands! Their show would not be complete without freestyle soccer lessons and activities for audience members

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## COVINA KIDS MARTIAL ARTS

Saturday, July 9, 2 pm Villatoro Bushido Martial Arts presents Covina Kids Martial Arts Program. This specially designed program wants kids to stay healthy and have fun! Improve flexibility and stamina with this high energy program.



# "TORTOISE AND THE HARE" PRESENTED BY SWAZZLE

Saturday, July 16, 2 pm

Swazzle puppet theatre presents the classic Tortoise and the Hare fable! This is a hilarious, action packed reimagining of Aesop's Fable where the Tortoise and the Hare learn lessons about sportsmanship, teamwork, and sharing!

# EATING RIGHT WITH BUNNY BOO BOO AND THE NUTRITION MAGICIAN

Saturday, July 23, 2 pm

Dave the Nutrition Magician has a special guest, Bunny Boo Boo (a live bunny!). Bunny Boo Boo isn't very energetic because she has a secret diet of soda, candy, and cheese puffs! Will you help her share some healthy eating tips?

#### **CRAZY CRAFT FRIDAYS - FREE!**

Children enjoy an afternoon of making wonderful crafts!

DAY & TIME:	Fridays, 2:30 pm
DATES &	July 1 - Olympic Torch
CRAFTS:	July 8 - Olympic Bead Art
	July 15 - Olympic Cowbell/Mega Phone
	July 22 - Olympic Headdress
	July 29 - Award Medals

#### KIDS CREATIVE CORNER MAKERSPACE

What will you make today? Let your creativity soar! This child-directed "makerspace" encourages kids to design, collaborate, and create purely from imagination. Let's celebrate the Making (not just what you've made). Discover, be inspired, imagine, and create. Everyone is a Maker!

DAY & TIME:	Thursdays, 2:30 pm
DATES:	June 23, July 14

#### **SUMMER READING PROGRAM ACTIVITIES**

#### OLYMPICS, SPORTS, & GAMES FROM AROUND THE WORLD

June 18-July 30

View the many displays showcasing Olympic history, biographies of athletes succeeding against the odds, sports from around the world, a wall of honor, and an Olympics photo booth.

#### **COUNT THE SPORTS BALLS**

June 21-July 30

Guess how many sports balls are in the jar for your chance to win a prize! Winners will be selected the week of August 2.

#### **LIFE SIZE BOARD GAME**

June 21-July 30

Connect Four has never been so big! Play Life Size Connect Four with your friends!

#### **TEDDY BEAR CAMP OUT**

Thursday, June 30-Tuesday, July 5

All children are invited to bring their teddy or stuffed animal to sleep over at the library for Fourth of July! Drop-off your teddy or stuffed animal Thursday-June 30-Friday, July 1 for a weekend of fun! Pick up your teddy on Tuesday, July 5 and see your teddy's adventures. Pictures will be posted on Facebook (Facebook.com/covinalibrary) the following week.

#### **SUMMER READING TAKE-HOME CHALLENGE: Fun for all ages**

**Registration:** June 18-25. Want to be challenged away from the library? Complete each weekly take-home activity and turn in by the date noted to be entered into a weekly drawing for a special prize. Take-Home Challenges can be picked up at the library or emailed upon request. Check out the challenges below:

DATES	June 28-July 1	July 5-9	July 12-16	July 19-23	July 26-30
ACTIVITY DUE	July 5	July 12	July 19	July 26	August 2
Children (0-4 years)	Read for the Win Activity Challenge	Coloring Contest	Froggy Goes to the Library Maze	Sibling and Families Read Together Challenge	Make Your Own Handprint Olympic Rings
Children (4-12 years)	Read for the Win Activity Challenge	Make a Family Flag	Froggy Wants to go to the Olympics	Sibling and Families Read Together Challenge	Olympic Sports Match Challenge
Teens & Adults (12 and up)	1,000-Page Challenge (turn in by 7/26)	Book Character Guess Who?	Reading Triathlon	Giving Back for the Win	Short Term Memory Trivia

#### **LUNCH @ YOUR LIBRARY NUTRITION PROGRAM**

DATES:	June 14-August 12
DAYS & TIME:	Tuesdays-Fridays, 11:30 am-1:30 pm.

Lunch @ Your Library provides physical and mental nourishment for children and teens with free access to nutritious meals. This program is designed to provide nutrition to underprivileged and/or low income children 18 years of age and younger. Lunch @ Your Library is made possible by Covina-Valley Unified School District. Children under age 5 are encouraged to visit from 11:30 am-12:30 pm. Meals are provided on a first-come, first-served basis.

#### **CHOCOLATE OLYMPICS**

Wednesday, July 6, 3 pm Do you think you can master the sport of chocolate? Show your chocolate skills and see how high you can stack Oreos, sort M&Ms and more!



#### **FUN FIT FRIDAYS**

Fridays, July 1-July 29, 4 pm Let's get fit! Join us weekly in the community room with different exercise routines from Yoga to Zumba. Recommended for ages 10 and older.

#### **SUMMER OLYMPICS 2016**

August 6-20

"Live Your Passion," with the 2016 Olympic Games in Rio de Janeiro. Visit the library and watch your favorite games. Check the schedule for game show times at the library.

#### LIBRARY PROGRAMS

#### **SEED LIBRARY**

The Library is now a Seed Library! Visit the Seed Library to get gardening tips and exchange seeds. Check out a seed or donate a seed. Share a gardening tip, and help your community grow.

#### **TOY LOAN PROGRAM**

In partnership with Los Angeles County Department of Public Social Services, the library offers a new Toy Loan Program, which allows children to borrow toys. Honor Awards are given to children who bring toys back on time. For more information, visit the Children's area.



#### STORY TIME

Story Time is filled with songs, stories and other activities designed to introduce your child to the world of books and reading. Older siblings are welcome, however each program is designed specifically for the indicated age group. Call (626) 384-5293 to register. No Story Time on July 26 and July 29.

#### **TODDLER STORY TIME (Ages 2-3)**

DATES:	June 28-August 23
DAY & TIME:	Tuesday, 10:45 am

#### **BABY STORY TIME** (Ages 0-2)

DATES:	July 1-August 26
DAY & TIME:	Friday, 10:30 am

#### **UPSIDE DOWN PAJAMA STORY TIME (**Ages 0-5)

DATES:	July 9-August 27
DAY & TIME:	Saturday, 9:30 am

#### "PAWS FOR BOOKS!"

This unique program gives emerging and struggling readers the opportunity to read to a nonjudgmental listener - a loving, friendly dog, who will accept the story exactly as it is read. All dogs are certified through Therapy



Dogs International, Delta Pet Partners or Therapy Dogs Incorporated. Children must be accompanied by a parent or caregiver. No registration required.

**DAY & TIME:** Friday, 3:30-4:30 pm (continuous)

#### **COMPUTER TUTORING SESSIONS**

Each session consists of 30-40 minutes of instruction and 20-30 minutes of practice time allowing for one-on-one assistance with topics ranging from Windows 7 to Microsoft Word. Students receive a booklet for each session subject. Call (626) 384-5293 or email **kvirbia@covinaca.gov** for information and appointments. Ages 18 & up.

INSTRUCTORS:	Jennifer Blair and Krizia Virbia (Spanish)	
DAY & TIME:	By appointment	
FEE:	\$5 per session	

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#### **ACCELERATED READER!**

What is your child's Accelerated Reader (AR) level? Covina Public Library is here to help! Bring your child's AR reading range or Zone of Proximal Development (ZPD) Range to the Library. We will assist you in locating chapter books or nonfiction books to specific AR reading levels. Also check out the NEW non-fiction Easy Reader section of the Library!

#### **FUNDRAISING EVENTS & SALES!**

All proceeds go towards Library and Literacy programs!

#### ICE CREAM, YOU SCREAM, WE ALL SCREAM FOR...

Saturday, August 20, 1-3 pm Escape the heat and enjoy a cool treat! For just a \$1 donation you will receive yummy ice cream with chocolate or caramel syrup, while supplies last.



#### **ROOT BEER FLOATS**

DAY & TIME:	Saturday, 1-3 pm
DATES:	August 6 and August 27

Cool off with a root beer float. For just a \$1 donation you will receive a scoop of vanilla ice cream with root beer, while supplies last.

#### JERSEY MIKE'S FUNDRAISER

Purchase any item on the dates below, present a copy of your receipt, and the Library will automatically receive a percentage back on all sales!

DATES:	Wednesdays, June 8 and July 20, 10 am-8 pm
LOCATION:	2536 E. Workman Ave., West Covina

#### **ENTERTAINMENT SALES**

Patrons can choose from a variety of DVDs, CDs, VHS tapes and puzzles at a great value. Check it out in the lobby all week long!

#### SECOND START LITERACY PROGRAM

All Literacy Programs are FREE to participants. To register or for more information, call (626) 384-5280.

#### **ADULT BASIC EDUCATION (ABE)**

Partial funding provided by California Department of Education Workforce Innovation and Opportunity Act, California Library Literacy Services, Community Development Block Grant, and The Friends of the Covina Public Library. The program serves native English-speakers with limited literacy or math skills (below 9th grade level). It provides instruction using research-based teaching methods to help adults build essential reading, writing, math and critical thinking skills. Trained volunteer tutors provide confidential one-on-one or small group instruction twice per week.

#### **ADULT ENGLISH AS A SECOND LANGUAGE (ESL)**

Partial funding provided by California Department of Education Workforce Innovation and Opportunity Act.

The program provides adults whose first language is not English with the opportunity to develop English skills in listening, speaking, reading, writing, grammar, vocabulary and pronunciation. Trained volunteer tutors provide one-onone or small group instruction twice per week.

#### LEAMOS (Let's Read) - NEW!

In partnership with Centro Latino for Literacy, the program is designed to help non-literate Spanish speaking adults to read and write in Spanish. This self-paced computer-based course is appropriate for adults who have less than two years of formal education. Trained volunteers tutor adults twice per week one-on-one or in a small group setting.

#### **CHILDREN'S LITERACY SERVICES**



Partial funding provided by The Friends of the Covina Library.

This tutorial reading intervention program is designed for at-risk or struggling readers in grades 1-8. Trained volunteer tutors provide support in Phonemic Awareness, Phonics, Fluency, Vocabulary and Comprehension. All applications must include a copy of the child's most recent report card or progress report.

#### **COVINA PUBLIC LIBRARY VOLUNTEER PROGRAM**

Get involved today! You can make a BIG difference in the quality of library service in your community by sharing your time and talent. For application and complete listing of opportunities, visit **www.covinaca.gov** and go to the Support Your Library page. For information, call (626) 384-5280.



#### **COVINA PUBLIC LIBRARY BOOK GROUP**

#### WEDNESDAY WHODUNIT MYSTERY BOOK GROUP

Haven't a CSI clue about mysteries and thrillers? Elementary...come to uncover new reading and to meet other sleuths. All are welcome. To learn more, please attend a meeting or contact the Library at (626) 384-5297.

LOCATION:	Library, Community Room	
DAY & TIME:	Wednesday, 6:30 pm	
FEE:	Free	

#### **DATES AND SELECTIONS:**

June 1: The Constant Gardener by John le Carré July 6: The Yellow Packard by Ace Collins August 3: The Expats by Chris Pavone

**September 7:** The Ascendant by Drew Chapman

Selections are subject to change. Visit **www.covinaca.gov** or refer to the flyers in the Library for the most current information

#### THE FRIENDS OF THE COVINA PUBLIC LIBRARY

#### **BECOME A "FRIEND" TODAY!**

Be a part of this exciting group and help the "Friends" bring wonderful programs and events to YOUR library! Memberships are tax deductible to the extent allowed by law. For more information, please contact President Norm Klemz at (626) 967-8829 or stop by the Book Nook in the Library.

#### **Membership Fees:**

Member: \$10 Annually Patron: \$20 Annually Benefactor: \$30 Annually

Life Member: \$250 (One-time fee)

#### **BOOK NOOK VOLUNTEERS**

Would you like to help the Covina Public Library a few hours each week? The funds raised from the Book Nook benefit the Library. Contact the Book Nook Coordinator, Pat Klemz at (626) 967-8829.

# **CLASSES**

#### **GENERAL CLASS INFORMATION**

To register or for more information, please call or come by the Parks & Recreation Department, 1250 N. Hollenbeck Ave. (626) 384-5340. Office hours are Monday-Thursday and alternate Fridays, 10 am-5:45 pm. For complete class registration and refund policies, visit www.covinaca.gov.

#### **NOTE TO PARENTS OF CHILD PARTICIPANTS:**

A consent form must be signed by a parent or legal guardian before a child can participate in any class. If someone other than a parent will be bringing a child to register at the first day of class, the mail-in registration form must be signed by the parent or legal guardian and brought with the child to class. For mail-in registration, see page 47.

#### CLASS LOCATIONS: (see map on page 48)

Hollfelder Teen Center, 301 N. Fourth Avenue (Covina Park)

Recreation Hall, 340 N. Valencia Pl. (Covina Park) Hollenbeck Park, 1250 N. Hollenbeck Avenue Cougar Park, 150 W. Puente Street Kahler Russell Park, 735 N. Glendora Avenue

#### **CLASS INSTRUCTORS WANTED**

Do you have a special talent or skill that you would like to share with your community, why not teach a class? We are always looking for certified or trained instructors to help enrich our class program. Can you teach foreign languages, violin, flute, preschool academics, vocal, health and wellness, tutoring or dance? If you are interested, please submit an Instructor Proposal form, available at www.covinaca.gov.

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# SUMMER CAMPS

#### **NEW! DANCE TEAM FOUNDATIONS CAMP**

In the style of a summer intensive dance camp this class prepares dancers for participation on a junior or high school level dance team. Students will practice safe and progressive stretching techniques, improve their technique in turns, leaps, and kicks, as well as learn choreography in jazz, Broadway character, hip hop, lyrical, and contemporary dance styles. Conditioning exercises and core stability training will help dancers improve their endurance, balance, and overall strength and body placement. With practice in showmanship, facials, and audience appeal, dancers will gain confidence and improved self-esteem. This summer camp will conclude with a performance for family and friends. Ages 10-17.

INSTRUCTOR:	Tiffany Villarreal
LOCATION:	South Hills High School, Dance Room, 645 S. Barranca St.
DATES:	June 20-July 14
DAYS & TIME:	Monday-Thursday, 1-3 pm
FEE:	\$100/4 weeks

#### **NEW! ENGINEERING CLUB CAMP**

Students will explore Mechanical, Civil, Aerospace, and Electrical Engineering as they construct windmills, levers, pulleys, rockets, and build a simple circuit. Students will use the Engineering Design Process to design, create, test, and refine a variety of machines and mechanical systems. Ages 7-14.

INSTRUCTOR:	Engineering for Kids
LOCATION:	Covina Park, Recreation Hall
DAYS & TIME:	Monday-Friday, 9 am-12 pm
DATES:	July 25-29
FEE:	\$150/1 week, plus \$15 material fee

#### STANDING OVATION ACTING CAMP

This camp is full of theater games and exercises geared to bring children out of their shell while having a ton of fun. They'll learn public speaking and the fundamentals of acting. Great for kids looking to get started in the acting field or just simply looking to have an exciting time. At the end of the camp we will put on a show and make some life long memories. Ages 5-13.

INSTRUCTOR:	Joshua Prisk
LOCATION:	Covina Park, Recreation Hall
DATES:	June 20-24
DAYS & TIME:	Monday-Friday, 9 am-12 pm
FEE:	\$110/1 week, plus \$10 material fee



#### **GYMNASTICS SUMMER CAMP**

Gymnastics, fun, sports and activities to keep students moving all week long! All campers must bring their own snack and lunch each day. Ages 4-14.

INSTRUCTOR:	Charter Oak Gymnastics Staff
LOCATION:	Charter Oak Gymnastics, 841 N. Dodsworth Ave.
DATES:	June 13-17 (Register by June 10)
DAYS & TIME:	Monday-Friday, 9 am-5 pm
FEE:	\$157/1 week

#### **ENGINEERING WITH LEGO®**

Play-Well TEKnologies has been 'Teaching Engineering to Kids' for over 12 years. Participants gain problem-solving and critical thinking skills, learn engineering, architecture, physics concerns and terminology, and gain confidence while having fun through building projects. LEGO® Technic and System components are used each day, however, no projects are taken home. This class is not affiliated with the LEGO® Group.

INSTRUCTOR:	Play-Well TEKnologies Staff
LOCATION:	Covina Park, Recreation Hall

#### **PRE-ENGINEERING WITH LEGO®**

Imaginations run wild with over 100,000 pieces of LEGO®! Expert instructors teach new mechanical and architectural projects that inspire creative vision. Ages 5-6.

DATES:	June 27-July 1
DAYS & TIMES:	Monday-Friday, 8-11 am
FEE:	\$120/1 week

Continued on page 26

Engineering with Lego® continued from page 25

#### **ENGINEERING FUNDAMENTALS WITH LEGO®**

Apply real-world concepts in physics, engineering and architecture through projects designed by engineers. Ages 7-12.

DATES:	June 27-July 1
DAYS & TIMES:	Monday-Friday, 12-3 pm
FEE:	\$120/1 week

#### JEDI ENGINEERING WITH LEGO®

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO X-Wings, R2 Units, Energy Catapults, Defense Turrets, and settlements from a galaxy far far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire. Ages 5-6.

DATES:	July 18-22
DAYS & TIMES:	Monday-Friday, 12-3 pm
FEE:	\$120/1 week

#### **JEDI MASTER ENGINEERING WITH LEGO®**

The Force Awakens in this ADVANCED engineering course for young Jedi! Discover key engineering concepts such as gear trains, worm drives, pneumatics, and eccentric motion. Build LEGO X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses, and other complex machines and structures from a galaxy far far away. Ages 7-12.

DATES:	July 18-22
DAYS & TIMES:	Monday-Friday, 12-3 pm
FEE:	\$120/1 week

#### GIRL POWERED PRE- ENGINEER-ING WITH LEGO®

A Play-Well offering for girls who love to build! Taught by women instructors, this course will provide a supportive environment for girls to build engineer-designed projects such as boats, bridges, mazes, and motorized cars. Explore the endless creative possibilities of the LEGO building system with the



guidance of an experienced Play-Well instructor. Ages 5-6.

DATES:	August 1-5
DAYS & TIMES:	Monday-Friday, 8-11 am
FEE:	\$120/1 week

## GIRL POWERED ENGINEERING FUNDAMENTALS WITH LEGO®

A Play-Well offering for girls who love to build! Taught by women instructors, this course will provide a supportive environment for girls to apply real-world concepts in engineering and architecture through engineer-designed projects such as arch bridges, motorized cars, skyscrapers and amusement parks! Design and build as never before, and explore your craziest ideas in an interactive environment. Ages 7-12.

DATES:	August 1-5
DAYS & TIMES:	Monday-Friday, 12-3 pm
FEE:	\$120/1 week

#### MINECRAFT BUILD USING LEGO®

Bring Minecraft to life. Build a motorized creeper, a portal to the Nether, and moving Minecart! Create your favorite Minecraft objects with the guidance of an experienced Play-Well instructor. Whether you are new to Minecraft and LEGO or a seasoned veteran, you'll be hooked on the endless creative possibilities. Ages 5-12.

DATES:	August 15-19
DAYS & TIMES:	Monday-Friday, 8-11 am (Ages 5-6), 12-3 pm (Ages 7-12)
FEE:	\$120/1 week

#### MAD SCIENCE CAMPS

LOCATION:	Covina Park, Teen Center
DAYS & TIME:	Monday-Friday, 9 am-12 pm

#### **ROBOTS 101: I AM A RO-BOT!**

Join us for a week of FUN with amazing robots! Learn about the uses of robots in our world and spend time experimenting with super cool robots that can sense sound, follow patterns, even play soccer! Discover the science of circuitry and how robots use sensors to explore the things around them. All campers build and take home a brand new Robot for Summer 2016! Ages 6-12.

DATES:	June 13-17 or August 8-12
FEE:	\$110/1 week, plus \$20 material fee

#### 321...BLAST OFF!

Join our Academy of Future Space Explorers. In groups, campers will assemble the model rockets that we will launch in class that can project up to 300 ft. in the air! This NASA camp is 'Out of this World!' Ages 6-12.

DATES:	June 20-June 24
FEE:	\$110/1 week, plus \$10 material fee

Continued on page 27

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#### "FIZZ"-ICAL PHENOMENA AND CHE-MYSTERY

Come and discover what it's like to be a real scientist and work in a Mad Science Lab. We will experiment with different chemicals and tools to see what kind of interesting and crazy reactions we can create! Explore acids and bases, reveal the secret recipe of slime, and travel down the organ trail. Concoct a fizzy sweet treat to enjoy! Ages 6-12.

DATES:	July 11-July 15
FEE:	\$110/1 week, plus \$10 material fee

#### **MSI: MAD SCIENCE INVESTIGATES**

This camp has it all, Engineering, Zoology, Oceanography, Forensics, and Meteorology! Use your detective skills to investigate the world around us, both land and sea, engineer super structures that can withstand the forces of Earth, and master the science behind Houdini. Take apart an owl pellet to see what birds of prey can digest, build your own race car, recreate the scene of a crime using clues and detailed observations, and much more. Ages 6-12.

DATES:	July 25-July 29
FEE:	\$110/1 week, plus \$10 material fee

#### **GALAXY DEFENDERS**

Join our Astronaut Academy and Space Shuttle Tech Crew as you prepare to defend the galaxy. Build your own model rocket, make and take home tubular telescopes, space copters and flying fizzlers. Discover the fun involved in rockets and experience a rocket launch. Learn how Sir Isaac Newton laid down the law of rocketry and motion. Ages 6-12.

DATES:	August 1-August 5
FEE:	\$110/1 week, plus \$10 material fee

#### LITTLE SCIENTIST PRESCHOOL LAB

Investigate the science of nature with this fun summer camp for the youngest of scientist. Cultivate your child's interest in life science as you learn about insects, weather, plants, and soil. Experience fun hands-on experiments in this week. Must be potty trained. Ages 3-5.

DATES:	August 15-August 19
FEE:	\$110/1 week, plus \$10 material fee

#### **CHALLENGER SPORTS BRITISH SOCCER CAMPS**

British Soccer Camps provide young players with the rare opportunity to receive high level soccer coaching from a team of international experts right in their community. All players receive soccer ball, t-shirt, end of camp gift and personalized player evaluation. Ages 3-16.

LOCATION: Hollenbeck Park, Field
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Continued on next column

#### FIRST KICKS & MINI SOCCER

This class is a FUNdamental introduction to the very basic elements of the game of soccer. Coaches guide your youngest players through a series of skill building activities, fun games, stories and music. Ages 3-5.

INSTRUCTOR:	Challenger British Soccer Staff
DATES:	July 18-22
DAYS & TIME:	Monday-Friday, 9-10 am (Ages 3-4), 10:30 am-12 pm (Ages 4-5)
FEE:	\$90/1 week (Ages 3-4), \$105/1 week (Ages 4-5)

#### HALF DAY CAMP

Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily world cup tournament. Equally important, the coaches provide lessons in self-discipline, good sportsmanship, and respect for others. Ages 6-16.

INSTRUCTOR:	Challenger British Soccer Staff
DATES:	July 18-22
DAYS & TIME:	Monday-Friday, 9 am-12 pm
FEE:	\$135/1 week

# NEW! TETRABRAZIL SOCCER CAMP - CHALLENGER BRAZILIAN SOCCER

TetraBrazil Soccer camps offer American players the opportunity to experience first-hand the kind of soccer training that has made Brazil the most successful soccer nation in the world. Staff will teach more than just techniques and tactics. Each member of the staff will bring an authentic taste of the flair, passion and creativity of Brazilian soccer to each camp day. Typical sessions include Brazilian warm-ups, fast footwork, individual skills, combination plays, Brazilian moves 1 v 1, attacking, speed training, crossing and shooting. Ages 8-14.

INSTRUCTOR:	Challenger Brazilian Soccer Staff
LOCATION:	Hollenbeck Park, Field
DATES:	August 1-5
DAYS & TIME:	Monday-Friday, 9 am-12 pm
FEE:	\$180/1 week

#### **NICK MASI MVP BASKETBALL CAMP**

Boys and girls welcome! This camp provides a strong foundation for those wanting to grow as basketball players. Build confidence through team play, positive communication and skill development. Detailed instruction is given in the areas of ball handling, passing, dribbling, shooting, footwork, defense and rebounding. We put the FUN in FUNdamentals by including lay-up, free throw and shooting contests, team competitions and one-on-one championships. *Continued on page 28* 

Nick Masi camp continued from page 27

Camp T-shirt included. Must wear basketball shoes and bring bottled water and a great attitude. Ages 8-14.

LOCATION:	Covina High School Gym, corner of Hollenbeck Ave. and Rowland St.
DATES:	Session 1: June 13-17 Session 2: June 20-24, Session 3: June 27-July 1, Session 4: July 5-8 (4 days only)
	Session 2: June 20-24,
	Session 3: June 27-July 1,
	Session 4: July 5-8 (4 days only)
DAYS & TIME:	Monday-Friday, 8:30-11:30 am
FEE:	\$65/1 week, \$52/4 days (Session 4 only)

#### YOUNG REMBRANDTS DRAWING WORKSHOPS

Ages 6-12.

#### **NEW! SKETCH AND FRIENDS IN SPACE**

Join Young Rembrandts as we travel to the farthest reaches of the galaxy. Futuristic scenes of other worldly adventures highlight the spectacular drawings our students will produce. We will join our colorful cast of cartoon characters, like Sketch the mouse, Shade the cat and Dave the elephant. Not only will our students learn how to illustrate science fiction-inspired characters and moments, but they will also strengthen their drawing and coloring skills. From astronauts in jetpacks to out-of-this-world alien lifeforms,

our students will learn how to compose well-drawn cartoon figures in dynamic poses. Get ready for three days of exciting, intergalactic imagery. All materials included.

LOCATION:	Covina Park, Teen Center
DATES:	June 28-30
DAYS & TIME:	Tuesday-Thursday, 10 am-12 pm
FEE:	\$60/3 days

# NEW! PASTEL DRAWING WORKSHOP - ART HISTORY WITH MASTERS

This Young Rembrandts workshop is full of possibilities! Join us for three days of pastel fun as we learn about a new medium and explore art history by studying different artists and their work. Each day we will create one large drawing in pastel chalks. We will create wonderful artwork while being inspired Edvard Munch's The Scream, Vincent Van Gogh's Harvest at Le Crau and Claude Monet's Regatta at Argenteuil. The results will be truly frame-able! No experience necessary. Please wear an old shirt or smock to class each day. All other materials included.

LOCATION:	Covina Park, Recreation Hall
DATES:	July 12-July 14
DAYS & TIME:	Tuesday-Thursday, 10 am-12 pm
FEE:	\$60/3 days

# YOUTH ACADEMICS

All material fees must be paid to instructor at first class.

#### **ACADEMIC ACADEMY CLASSES**

INSTRUCTOR:	Academic Academy Staff
LOCATION:	Hollenbeck Park, Conference Room
FEE:	\$99/5 weeks, plus \$10 material fee

#### **ELEMENTARY MATH**

A credentialed teacher will lead this common-core based course in Elementary Math. Topics include concepts of math, basic fact practice and word problems. Ages 10-12.

BEGINNING:	June 28
DAY & TIME:	Tuesday, 3-5 pm

#### **PRE-ALGEBRA**

A credentialed teacher will lead this common-core based course and review of elementary mathematics and principles, introduction to signed numbers, beginning rules for algebraic evaluations and algebraic equations. Ages 11-13.

BEGINNING:	June 28
DAY & TIME:	Tuesday 5:15-7:15 pm

#### **ALGEBRA**

A credentialed teacher will lead this common-core based course on variables and algebraic equations, integers, inequalities and simplifying expressions. Ages 12-14.

BEGINNING:	June 29
DAY & TIME:	Wednesday, 3-5 pm

#### **HIGH SCHOOL GEOMETRY**

A credentialed teacher will lead this common-core based course with an introduction to geometric definitions and constructions, congruence and measurement, reasoning skills, proofs and theorems.



Ages 13-17.

BEGINNING:	June 29
DAY & TIME:	Wednesday, 5:15-7:15 pm

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#### **BAMBOLEO (AMIGUITOS)**

Where kids dance, play and sing in Spanish. Bamboleo classes offer young children and their families joyous experiences while being immersed in the Spanish language from different parts of the world. The program includes music and movement, storytelling, crafts and home resources. Get your passport stamped with a new location every season. Every session is a new experience! Parent participation is required. Ages 2-4. No class July 15.

INSTRUCTOR:	Myrna Rodriguez
LOCATION:	Cougar Park
BEGINNING:	June 17
DAY & TIMES:	Friday, 6:30-7:20 pm
FEE:	\$58/6 weeks, plus \$25 material fee

#### **LEARNING WITH MONICA VELARDE**

Ages 7-9.

LOCATION:	Covina Park, Teen Center
BEGINNING:	June 14 or 15
FEE:	\$70/7 weeks, plus \$10 material fee

Continued next column

#### **COMMON CORE MATH**

This class helps students meet the new math standards. Students are provided exercises with addition, subtraction, place value, geometry, fractions, measurement, time and money. Concrete models are used to help students develop number sense, mental math and problem-solving skills.

DAY & TIME:	Tuesday or Wednesday, 12:30-1:30 pm
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#### **COMMON CORE WRITING**

The Common Core Standards expect that students improve their communication skills in both conversations and written language. This class helps students determine word meanings, appreciate the nuances of words, learn writing conventions and expand their repertoire of words and phrases.

DAY & TIME:	Tuesday or Wednesday, 1:30-2:30 pm
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#### **COMMON CORE READING**

The Common Core standards are designed to be relevant to the real world skills that students need for academic success now and beyond. This class helps students build their comprehension ability by working on the following: academic vocabulary, drawing inferences, cause & effect, main idea, fact & opinion, and vocabulary building.

DAY & TIME:	Tuesday or Wednesday, 2:30-3:30 pm
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# YOUTH FITNESS

#### **BOWLING BASICS & GAME STYLES**

Use of shoes and bowling balls included. Preregistration required. Ages 5-17.

LOCATION:	Brunswick Covina Bowl, 1060 W. San Bernardino Rd.
BEGINNING:	June 17
DAY & TIME:	Friday, 4-5 pm
FEE:	\$55/8 weeks



#### **YOGA FOR KIDS**

Yoga for kids helps develop body control, core strength, flexibility, self-awareness, relaxation techniques and enhanced focus. Kids learn to de-stress with age-appropriate exercises, movement, breathing and music in a peacefully centered, cooperative, noncompetitive setting.

Bring yoga mat, water

bottle, and wear loose clothing. Ages 7-13. No class June 28, July 5 and July 12.

INSTRUCTOR:	Christine Maletz	
LOCATION:	Covina Park, Recreation Hall	
BEGINNING:	June 14	
DAY & TIME:	Tuesday, 4:45-5:45 pm	
FEE:	\$64/8 weeks	

#### **JU JITSU**

Traditional Japanese martial arts combining the different aspects of Judo, Karate, Aikido and Kendo with an emphasis on self-defense. Ages 5-Adult. Optional one time \$30-\$50 uniform fee paid to instructor. Belt testing fee is applicable.

INSTRUCTOR:	Robert and Steve Wong
LOCATION:	Cougar Park
BEGINNING:	June 15 or 16
DAYS & TIMES:	Wednesday, 6:15-7 pm (Ages 5-7); Thursday, 7:45-9:15 pm (Ages 8-Adult)
FEE:	\$40/8 weeks (Ages 5-7) \$48/8 weeks (Ages 8-Adult)

#### **KARATE**

Study the art of karate from beginning to advanced levels. Ages 12-Adult. Optional one time \$30 uniform fee paid to the instructor at first class.

INSTRUCTOR:	Dan Layne
LOCATION:	Recreation Hall, Covina Park
BEGINNING:	June 17
DAY & TIME:	Friday, 7:15-8:45 pm
FEE:	\$60/8 weeks

#### **NEW! KUNG FU SAN SOO**

The ancient art of Kung Fu San Soo is a Chinese style of hand-to-hand combat developed and refined for over two thousand years. Come learn how the concepts of San Soo can change the way you think about self-defense. Ages 5-Adult.

INSTRUCTOR:	Dale Garrison
LOCATION:	Covina Park, Recreation Hall
BEGINNING:	June 26
DAY & TIMES:	Sunday, 10:30-11:30 am (Ages 5-11); 11:30 am-12:30 pm (Ages 12-Adult)
FEE:	\$60/8 weeks

#### **VOLLEYBALL SKILLS**

Specific instruction on skills and game situations. Fee includes T-shirt. Ages 7-14. No class July 4.

INSTRUCTOR:	TriFytt Staff
LOCATION:	Hollenbeck Park
BEGINNING:	June 20 (Register by June 16)
DAYS & TIMES:	Monday & Thursday, 6-7 pm (Beginning), Monday & Thursday, 7-8pm (Intermediate)
FEE:	\$90/8 weeks

#### **BEGINNING/ADVANCED TAE KWON DO**

Class focuses on respect, self-discipline, self-esteem, positive attitude, self-defense and mental and physical awareness. No class July 21, 23 and September 3. Optional one time \$45-\$50 uniform fee paid to the instructor at first class. \$28-\$43 Belt Test fee if applicable.

1435. \$25 \$ 15 Belt Test fee if applicable.		
INSTRUCTOR:	Miguel Parada	
LOCATION:	Covina Park, Recreation Hall	
BEGINNING:	June 23 or 25 (Belt Test -September 3)	
	DAYS & TIMES:	
	Ages 5-12	
Beginning	Thursday 4:15-5 pm, Saturday 12-12:45 pm	
Advanced I	Thursday 5:15-6 pm, Saturday 1-2 pm	
Advanced II	Thursday 6-6:45 pm,Saturday 2:15-3 pm	
	Ages 13-Adult	
All Levels	Thursday 7-8 pm, Saturday 3:15-4:15 pm	
FEE:	\$65/10 weeks - Thursday or Saturday, \$85/10 weeks - both Thursday and Saturday (combo).	

#### **BEGINNING GYMNASTICS AND URBAN ACROBATICS**

Preregistration is MANDATORY. In Urban Acrobatics learn agility skills, balance, climbing and acrobatic skills. Gymnastic classes introduce basic gymnastic skills and fundamentals. Ages 18 months-3 years requires parent participation. No class July 4, 5, 6, 7 and 9.

LOCATION:	Charter Oak Gymnastics, My Jungle Gym (Ages 18 mos5 yrs.) or Main Gym (Ages 6 & up) 841 N. Dodsworth Ave, Covina
BEGINNING:	Session I-June 13, 14, 15, 16 or 18 Session II-August 1, 2, 3, 4 or 6
FEE:	\$66/6 weeks, Session I, \$55/5 weeks, Session II

\$5 nonrefundable insurance fee paid to Charter Oak Gymnastics at main gym on first day of class. Must choose one day when registering and attend that day for the entire session. May enroll for multiple days.

AGES	DAYS	TIMES
18 mos3 yrs.	Mon., Tues. or Thurs.	3-3:50 pm
18 mos3 yrs.	Saturday	9-10 am
4-5 yrs.	Mon. or Tues. or Wed. or Thurs.	3-3:50 pm
4-5 yrs.	Saturday	9-10 am
6 & up	Mon. or Tues. or Wed.	3-4 pm
6 & up	Saturday	9-10 am
Urban Acrobatics		
6 & up	Wednesday	3-4 pm
6 & up	Saturday	9-10 am

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#### **YOUTH TENNIS CLASSES**

Bring a tennis racquet. No class July 4 and July 16.

INSTRUCTOR:	A.J. Seresinghe, USPTR Certified Member Amalia Seresinghe, USTA Trained Instructor	
LOCATIONS:	Kahler Russell Park (Monday), Covina Park (Tuesday, Wednesday and Thursday Covina High School (Saturday)	

#### PRIVATE TENNIS LESSONS

FEE:	\$35/hour (Individual); \$45/hour	
	(Group of 4)	

#### **QUICKSTART TENNIS**

An exciting new way of learning tennis, designed to bring kids into the game by adapting equipment, court size, and scoring. This format enables players to have a more enjoyable experience early on in the learning process. Ages 6-8.

BEGINNING:	Session I-June 13, Session II-July 25	
DAY & TIME:	Monday, 6-7 pm	
FEE:	\$45/5 weeks	





#### **TENNIS FOR BEGINNERS**

BEGINNING:	Session I-June 13, 14, 16 or 18, Session II-July 25, 26 or 28	
AGES	DAYS TIMES	
6-8	Tuesday	5:30-6:30 pm
6-8	Saturday	9-10 am
9-12	Monday	7-8 pm
9-12	Tuesday	6:30-7:30 pm
12-17	Thursday	5:30-6:30 pm
FEE:	\$45/5 weeks, \$56/8 weeks (Saturday only)	

#### **INTERMEDIATE TENNIS**

BEGINNING:	Session I-June 15 or 18, Sessi	on II-July 27
AGES:	DAYS	TIMES
6-8	Saturday	10-11 am
9-12	Wednesday	5:30-6:30 pm
9-12	Saturday	11 am-12 pm
12-17	Wednesday	6:30-7:30 pm
FEE:	\$45/5 weeks, \$56/8 weeks (S	aturday only)

#### **TEAM TENNIS FOR KIDS**

This class is designed for those who intend to pursue tennis as a competitive sport. Requires completion of Intermediate Tennis and instructor's approval. Ages 9-13.

BEGINNING:	Session I-June 16, Session II-July 28
DAY & TIME:	Thursday, 6:30-8 pm
FEE:	\$45/5 weeks

#### **ADVANCED CLINIC**

This is a program for advanced players. Includes stroke production, technique and fun, as well as competitive drills for both singles and doubles. Ages 10-17.

BEGINNING:	Session I-June 14, Session II-July 26
DAY & TIME:	Tuesday, 7:30-8:30 pm
FEE:	\$45/5 weeks

# YOUTH DANCE

ALL DANCE CLASSES take place at the Recreation Hall, Covina Park (unless otherwise noted).

#### **MODERN CONTEMPORARY HIP HOP**

A mixture of Hip Hop combined with modern contemporary dance techniques. Wear comfortable clothes, closed-toe shoes. Ages 8-12.

INSTRUCTOR:	Nina Alas
BEGINNING:	June 15
DAY & TIME:	Wednesday, 5-6 pm
FEE:	\$40/8 weeks

#### **DANCE CLASSES WITH VERA BOTELLO**

BEGINNING:	June 26
FEE:	\$55/8 weeks (Level I), \$60/8 weeks (Level II)

#### **FOLKLORICO**

Folk dances from the different states of Mexico. Proper warmup and technique footwork and use of costumes are covered. Wear dance attire and sturdy shoes. Ages 6-Adult.



DAY & TIMES:	Sunday, 6-6:45 pm (Level I);
	Sunday, 6:50-7:50 pm (Level II)

#### **FLAMENCO**

Learn this exciting and beautiful dance from an accomplished teacher and performer. Emphasis on correct body posture, arm and hand movement, playing of castanets and footwork. Students taught choreography and structure of dances to create their own routines. Ages 10-Adult.

DAY & TIME:	Sunday, 8-9 pm

#### **BABY BOOGIE**

Boogie, jump, dance and sing using scarves, instruments and bean bags. Parent participation required. Ages 18 months-2 years. No class June 24.

INSTRUCTOR:	Terri Thomas
BEGINNING:	June 17
DAY & TIME:	Friday, 3:30-4 pm
FEE:	\$30/6 weeks

#### **BABY BALLET/CREATIVE DANCE**

Parent participation required. Ballet attire and ballet shoes recommended. Ages 2-4. No class July 28.

LOCATION:	Cougar Park
INSTRUCTOR:	Terri Thomas
BEGINNING:	June 16
DAY & TIME:	Thursday, 9:30-10:10 am
FEE:	\$35/8 weeks

#### TINY TOT TAP AND BALLET

Ballet attire, tap and ballet shoes recommended. Ages 3-4. No class July 28.

LOCATION:	Cougar Park
INSTRUCTOR:	Terri Thomas
BEGINNING:	June 16
DAY & TIME:	Thursday, 10:15-11 am
FEE:	\$40/8 weeks

#### **DANCE WITH SHAWNA COOK**

Ballet attire recommended. Ballet shoes required. No class July 4.

BEGINNING: June	13, 15 or 18
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#### **TINY TOTS BALLET**

Ages 3-4

DAYS & TIMES:	Monday, 4:45-5:30 pm, Wednesday, 3:15-4 pm, Saturday, 9-9:45 am or 10-10:45 am
FEE:	\$40/8 weeks

#### **BEGINNING BALLET**

Ages 5-9

TIMES:	Monday, 5:30-6:20 pm (Ages 5-6), Wednesday, 4-4:50 pm (Ages 5-6), Saturday, 8-8:50 am (Ages 7-9), Saturday, 11-11:50 am (Ages 5-6)
FEE:	\$50/8 weeks

#### **BEGINNING TAP**

Ages 5-7

DAY & TIME:	Monday, 3:45-4:35 pm
FEE:	\$50/8 weeks

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# YOUTH ARTS & CRAFTS

ALL MATERIAL FEES must be paid to instructor at first class.

#### ART CLASSES WITH A.R.T.S. INC.

LOCATION A.R.T.S	Inc., 973 E. Badillo St., Ste B
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Preregistration is MANDATORY. No class July 4.

#### HAND BUILT CERAMICS

Create hand built ceramic projects and sculptures, such as coil built pots, plates, mobiles, press molds, and sculpting. Ages 6-13.

<b>BEGINNING:</b>	Session I-June 16; Session II-July 14
DAY & TIME:	Thursday, 4-6 pm
FEE:	\$50/4 weeks, plus \$35 material fee

#### **POETRY WRITING & PERFORMING**

Create and write literature and learn how to perform it. Perform poetry and spoken word, develop verbal tools, and presentation skills. Ages 8-13.

BEGINNING:	Session I-June 16; Session II-July 14
DAY & TIME:	Thursday 4:30-6:30 pm
FEE:	\$50/4 weeks, plus \$15 material fee

#### **DRAWING & PAINTING**

Learn drawing concepts such as lines, shapes, values, measuring, and an introduction to painting techniques. Ages 6-13.

BEGINNING:	Session I-June 13; Session II-July 18
DAY & TIME:	Monday, 4-6 pm
FEE:	\$50/4 weeks, plus \$35 material fee

#### **MASTER ARTIST CLASS**

Class consists of lecture, life drawing and painting with Master Artist Bernard Stanley Hoyes. Ages 12-Adult.

<b>BEGINNING:</b>	Session I-June 14; Session II-July 12
DAY & TIME:	Tuesday, 4-6 pm
FEE:	\$50/4 weeks, plus \$15 material fee
LOCATION	A.R.T.S Inc., 973 E. Badillo St., Ste B

#### **SMARTSY ARTSY CRAFTS**

Children learn self-expression through the basics of watercolors, colored pencils, stencils, collages, finger painting, and more. Ages 5-8. No class July 4.

INSTRUCTOR:	Adelaide Tavella
LOCATION:	Hollenbeck Park, Conference Room
BEGINNING:	June 13
DAY & TIME:	Monday, 6:30-7:30 pm
FEE:	\$50/8 weeks, plus \$10 material fee

#### **TINY TOT ARTS & CRAFTS**

Fun craft activities designed to bring out creativity. Parent participation required. Ages 2-4. No class June 24.

INSTRUCTOR:	Terri Thomas
LOCATION:	Covina Park, Teen Center
BEGINNING:	June 17
DAY & TIME:	Friday, 4:45-5:15 pm
FEE:	\$30/6 weeks, plus \$12 material fee

#### **WATERCOLOR PAINTING**

Ages 5-9. No class June 24.

INSTRUCTOR:	Terri Thomas
LOCATION:	Covina Park, Teen Center
BEGINNING:	June 17
DAY & TIME:	Friday, 5:30-6:15 pm
FEE:	\$40/6 weeks, plus \$15 material fee



#### YOUNG REMBRANDTS DRAWING CLASSES

All new lessons that meet California State Standards for Visual Arts. All materials are included. No class July 4.

LOCATION:	Hollenbeck Park, Conference Room
BEGINNING:	June 13
FEE:	\$60/6 weeks



Class is specifically designed with the needs of young learners in mind. We provide a positive, nurturing environment while students learn to draw and develop skills that prepare them for Kindergarten. As students draw and color fun, familiar objects, they practice following directions and staying on task. Ages 4-5.

**DAY & TIME** | Monday, 3:30-4:15 pm

#### **ELEMENTARY DRAWING**

Our curriculum helps children develop drawing skills that boost their confidence and encourage them to be creative. Students have fun learning to draw a variety of eye-catching images using various art concepts, including still life and landscape. Art vocabulary and an art history lesson are also included. Ages 6-12.

**DAY & TIME** | Monday, 4:30-5:15 pm

#### **CARTOON DRAWING**

Learning to draw is lots of fun, especially when we're creating silly characters and story sequences that tell jokes! This class expands our engaging curriculum as students learn to illustrate objects, people and furry animals in hilarious situations. Join us for awesome adventures in drawing! Ages 6-12.

**DAY & TIME** | Monday, 5:30-6:15 pm

# YOUTH SPECIAL INTEREST

ALL MATERIAL FEES must be paid to instructor at first class.

#### **NEW! ROCKET BUILDING WORKSHOP**

Learn to build your own rocket! Design, build, paint and launch your rocket. Experience a funfilled science project learning many aspects of motion and force through art. Preregistration is MANDATORY. Participants will meet for the last class and rocket launch at Kahler Russell Park. 735 N. Glendora Ave.

Ages 10-14.



INSTRUCTOR:	A.R.T.S. Inc. Staff
LOCATION:	A.R.T.S Inc., 973 E. Badillo St., Ste B (last class at Kahler Russell Park)
BEGINNING:	Session I-June 15; Session II-July 13
DAY & TIME:	Wednesday, 4-6 pm
FEE:	\$60/4 weeks, plus \$35 material fee

#### 4th OF JULY TOT PARTY

Sparkle with joy as you and your little one have some safe fun before all the fireworks! Fly red, white, and blue with music and dance, make a patriotic craft and have a tasty snack. Parent participation required. Ages 1-3.

INSTRUCTOR:	Terri Thomas
LOCATION:	Covina Park, Recreation Hall
BEGINNING:	July 4
DAY & TIME:	Monday, 11am-12 pm
FEE:	\$5/1 day, plus \$5 material fee

#### PIRATES, PIRATE PRINCESSES & PIRATE FAIRIES PARTY

Ahoy matey! Drop anchor and discover a pirate party in a fairytale land far beyond the seas. Don't forget X marks the spot where you can open the treasure chest of fun with games, crafts, and pirate grub for boys and girls. Parent participation required. Ages 2-5.

INSTRUCTOR:	Terri Thomas
LOCATION:	Covina Park, Recreation Hall
DATE & TIME:	Friday, July 15, 12:30-1:30 pm
FEE:	\$6/1 day, plus \$5 material fee

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#### **NEW! FATHER'S DAY TOT PARTY**

Dads, Grandpas and Uncles are all invited to the fun! Time for Father's and father figures to be honored at this special day with "Pop." Join in the fun and bond with your little one: we will make a craft for Dad and dads alike, play some games and make a yummy snack. Your tot will have you feeling like a "Super" dad! Parent participation required. Ages 18 months-5 years.

INSTRUCTOR:	Terri Thomas
LOCATION:	Covina Park, Recreation Hall
DATE & TIME:	Friday, June 17, 12:30-1:30 pm
FEE:	\$5/1 day, plus \$5 material fee

# UTTERLY ELEGANT TEAPARTY

You are cordially invited to an utterly elegant tea party! It's tea time for Moms, grandmas or Aunts and your special little lady. Let's have fun and make new memories. Wear your



most chic attire. Hats encouraged, but not required. Parent participation required. Ages 18 months-5 years.

INSTRUCTOR:	Terri Thomas
LOCATION:	Cougar Park
DATE & TIME:	Saturday, August 13, 1-2 pm
FEE:	\$5/1 day, plus \$5 material fee

#### **FUN EDIBLE CRAFTS**

Little hands enjoy putting these crafts together with parents' help. Ages 18 mos.-4 yrs.

INSTRUCTOR:	Terri Thomas
LOCATION:	Covina Park, Teen Center
BEGINNING:	August 12
DAY & TIME:	Friday, 2-2:45 pm
FEE:	\$15/3 weeks, plus \$10 material fee

#### "IT'S THE LITTLE THINGS" ETIQUETTE CLASS

Learn everyday etiquette, tact, table manners, handling bullying and social situations. Teen class emphasizes manners at home and with family, friends, social settings, dating, prom, job interviews and more. Ages 8-12.

INSTRUCTOR:	Christina Meacham
LOCATION:	Hollenbeck Park Office
DATE:	July 16
DAY & TIME:	Saturday, 9 am-12 pm
FEE:	\$35/1 day, plus \$5 material fee

# MAGIC FOR YOUTH

Learn the basics of magic and sleight of hand. Ages 8-17. No class July 4.



INSTRUCTOR:	Devin Thomas
LOCATION:	Covina Park, Teen Center
BEGINNING:	June 13
DAY & TIME:	Monday, 6-7 pm
FEE:	\$65/8 weeks, plus \$10 material fee

#### **DRAMA CIRCLE**

Children learn the basics of acting through simple scripts and various theater games designed to teach them to work together towards a successful performance and challenge them to perform outside of their comfort zone. Bring notebook, pencil, and highlighter. Ages 6-13.

INSTRUCTOR:	Joshua Prisk
LOCATION:	Covina Park, Teen Center
BEGINNING:	June 18
DAY & TIME:	Saturday, 10-11 am
FEE:	\$64/8 weeks, plus \$10 material fee

#### **PARENT & ME TINY TOT FUN**

Have fun together moving to music, singing, playing with instruments, balls, scarves, and making simple craft projects. Ages 1-3. Parent participation required.

INSTRUCTOR:	Terri Thomas
LOCATION:	Covina Park, Recreation Hall
BEGINNING:	
DAY & TIME:	Tuesday, 6:15-7 pm
FEE:	\$35/7 weeks, plus \$10 material fee

#### MOMMY/DADDY & ME WIGGLES & GIGGLES

Fun movement, music and exercise for parent and child. Parent participation required. Ages 1-3.

INSTRUCTOR:	Terri Thomas
LOCATION:	Cougar Park
BEGINNING:	June 16
DAY & TIME:	Thursday, 11:15 am-12 pm
FEE:	\$30/6 weeks, plus \$10 material fee

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#### **BABYSITTER TRAINING SEMINAR**

Provides guidelines for child care, accident prevention, handling emergencies, and providing play activities for children. Includes noncertified infant and child CPR and child development education. Preregistration is recommended. Ages 9-17.

INSTRUCTOR:	Craig's CPR & First Aid Training
LOCATION:	Hollenbeck Park, Conference Room
BEGINNING:	July 23
DAY & TIME:	Saturday, 9 am-12:30 pm
FEE:	\$40/1 day

#### **CHESS**

Ages 8-17. No class July 4.

INSTRUCTOR:	Devin Thomas
LOCATION:	Covina Park, Teen Center
BEGINNING:	June 13
DAY & TIME:	Monday, 5-6 pm
FEE:	\$50/8 weeks, plus \$10 material fee and \$20 optional tournament chess set fee

#### **COMPUTER CLASSES WITH AGI ACADEMY**

Please bring Covina Public Library card for Library location. Ages 6-Adult.

LOCATION:	Covina Public Library, 234 N. Second Ave
BEGINNING:	June 14
FEE:	\$105/9 weeks, plus \$10 lab/supply fee

# INTRODUCTION TO MICROSOFT WORD AND POWERPOINT

DAY & TIME:	Tuesday, 9:45-10:30 am (Ages 8-14),
	Tuesday, 7-7:45 pm (Ages 10-Adult)

#### INTRODUCTION TO TYPING

Ages 6-14.

<b>DAY &amp; TIME</b> Tuesday, 9-9:45 am or 6:15-7	' pm
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# YOUTH & ADULT MUSIC

PREREGISTRATION is MANDATORY for all private and semi-private music classes.

ALL MATERIAL FEES must be paid to instructor at first class.

# PROFESSIONAL PERCUSSION STUDIOS WITH A.R.T.S. INC.

Class has an emphasis on snare drum technique and is a prerequisite to the drum set. Ages 6-17.

LOCATION:	A.R.T.S Inc., 973 E. Badillo St., Ste B
BEGINNING:	Session I-June 14; Session II-July 12
DAY & TIMES:	Tuesday, 4-5 pm (Level I) or 5-6 pm (Level II)
FEE:	\$50/4 weeks, plus \$35 material fee (includes sticks and practice pad)

#### **PRIVATE PIANO LESSONS**

Students learn elementary to full comprehensive music theory fundamentals, along with proper piano fingering technique. Must have access to a piano or keyboard for practice. Evaluation at first



class to determine books. Bring folder, notepad and pen/pencil. Half-hour private lessons. Ages 6-Adult. No class July 4.

INSTRUCTOR:	Christof Munoz
LOCATION:	Hollenbeck Park, Office
BEGINNING:	Session I-June 13, 14, 15, 17 or 18, Session II-August 15, 16, 17, 19 or 20
DAYS & TIMES:	Monday, Tuesday or Wednesday, 3:30-6 pm, Friday, 3:30-6 pm, 7-8:30 pm, or Saturday, 9 am-11:30 am, 12:30-2:30 pm
FEE:	\$120/8 weeks, Session I, \$60/4 weeks, Session II, plus \$10 material fee

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#### **GUITAR CLASSES**

**INSTRUCTOR:** Jeremiah Donovan

**LOCATION:** Covina Library, Community Room Bring guitar. Acoustic and electric guitars welcome.

#### **GUITAR GROUP LEVEL I**

Class designed for beginners. Covers chords, rhythm skills, proper technique and song playing. Ages 10-Adult.

BEGINNING:	June 16
DAY & TIME:	Thursday, 5-6 pm
FEE:	\$65/8 weeks, plus \$7 material fee

#### **GUITAR-PRIVATE LESSONS**

Half-hour private lessons. Ages 8-Adult.

BEGINNING:	Session I-June 15 or 16; Session II-July 13 or 14
DAYS & TIMES:	Wednesday, 4 pm, Thursday, 4 pm or 4:30 pm
FEE:	\$60/4 weeks, plus \$7 material fee

## **GUITAR LEVEL I (SEMI-PRIVATE)**

Beginners will learn chords, rhythm skills, proper technique and song playing. Half-hour lessons. Class size limited to 3. Ages 10-Adult.

BEGINNING:	June 15
DAY & TIME:	Wednesday, 4:30-5 pm
FEE:	\$70/8 weeks, plus \$10 material fee

# ADULT FITNESS/ATHLETICS

#### **NEW! OLYMPIC WEIGHTLIFTING FUNDAMENTALS**

The class will provide an introduction to Olympic weight-lifting for adults through seniors. Students will be given direct coaching from a USA Wrestling certified instructor who will walk them through both the snatch and clean and jerk. Each class will include mobility stretches and skill training that will lead to proper form and efficiency as well as strength building work. Our goal is to provide students with a supportive and solid foundation to begin their journey. Bring bottled water and wear flat shoes. No class July 4. Ages 18 & up.

INSTRUCTOR:	Miguel Sanchez
LOCATION:	Shield Crossfit, 1028 E Cypress Street
BEGINNING:	June 13 or 18
DAYS & TIMES:	Monday, 6-7:30 pm and/ or Saturday, 11:30 am-1 pm
FEE:	\$40/8 weeks, Monday or Saturday, \$80/8 weeks, Monday and Saturday (combo), plus \$5 material fee



#### **NEW! CROSSFIT BOOTCAMP**

We offer a physical fitness class using the methodology of Crossfit. This class is designed for anyone utilizing basic functional movements in order to improve quality of life. All equipment provided at gym. Participants should wear athletic clothing and active shoes. Ages 15-Adult. Preregistration required.

INSTRUCTOR:	Gregory Dorman
LOCATION:	Shield Crossfit, 1028 E Cypress Street
BEGINNING:	June 14 or 18
DAYS & TIMES:	Tuesday, 10:30-11:30 am or 7-8 pm and/or Saturday, 10-11 am
FEE:	\$40/8 weeks, Tuesday or Saturday, \$80/8 weeks, Tuesday and Saturday (combo)

#### **NEW! KUNG FU SAN SOO**

The ancient art of Kung Fu San Soo is a Chinese style of hand-to-hand combat refined for over two thousand years. Come learn how the concepts of San Soo can change the way you think about self-defense. Ages 5-Adult.

INSTRUCTOR:	Dale Garrison
LOCATION:	Covina Park, Recreation Hall
BEGINNING:	June 26
DAY & TIMES:	Sunday, 10:30-11:30 am (Ages 5-11); 11:30 am-12:30 pm (Ages 12-Adult)
FEE:	\$60/8 weeks

#### **FALL-PROOF BALANCE & MOBILITY**

This is a great way to get moving again if you have been inactive or would like to begin to improve your health and sense of vitality. After careful review, an individual balance and mobility routine will be implemented. Ages 18 & up.

INSTRUCTOR:	Dan Layne
LOCATION:	Cougar Park
BEGINNING:	June 18
DAY & TIME:	Saturday, 11 am-12 pm
FEE:	\$55/8 weeks

#### **MAT PILATES**

Strengthen your core with a group Mat Pilates class. Increase your flexibility and develop core strength. All levels welcome. Bring light hand weights, bands and workout mat. Ages 18 & up. No class June 20, 24, July 18 and 22.

INSTRUCTOR:	Carol Cugno
LOCATION:	Covina Park, Recreation Hall
BEGINNING:	June 13 or 17
DAYS & TIME:	Monday and/or Friday, 6:15-7:15 am
FEE:	\$54/8 weeks, Monday or Friday, \$84/8 weeks, Monday and Friday (combo)



#### **CAL'S BOOTCAMP**

Class combines strength and agility training with a good dose of aerobics. This workout is sure to make you sweat, build muscle and burn calories while decreasing body fat. "Let's Work!" Please bring a workout towel and positive energy. Ages 15-Adult.

INSTRUCTOR:	Cal Barber
LOCATION:	Covina Park, Recreation Hall
BEGINNING:	June 14
DAY & TIME:	Tuesday, 8:30-9:30 pm
FEE:	\$64/8 weeks

#### **ZUMBA**

Ditch the workout, join the party! Zumba is a dance fitness program that combines Latin & International music with fun, effective and easy choreographies. Ages 15-Adult.

INSTRUCTOR:	Arlene Mar
LOCATION:	Covina Park, Recreation Hall
BEGINNING:	Session I-June 15; Session II- August 17
DAY & TIME:	Wednesday, 7:15-8:15 pm
FEE:	\$36/8 weeks, Session I, \$18/4 weeks, Session II or \$5/per class drop-in (cash only/exact change please)

#### **DANCE MIXX & STRENGTH BY JAZZERCISE**

Ages 15-Adult, Register for classes at location.

INSTRUCTOR:	Dena Garvin Smart
LOCATION:	Cougar Park, Tuesday, Thursday and Saturday
BEGINNING:	Continuous, begin anytime
FEE:	\$10/class, \$35 unlimited monthly pass

#### **DANCE MIXX**

Torch fat, sculpt and crush calories with this high intensity workout that mixes dance-based cardio with strength training. Fresh pulse-pounding music and body-blasting moves bring the intensity to transform your body, boost your mood and ignite your energy.

DAYS & TIMES:	Tuesday/Thursday, 6:15-7:25 pm
	Saturday, 8:20-9:30 am

#### **KARATE**

Get healthy, get fit. A traditional form of karate with emphasis on balance of mind and body through integrated practice. Ages 12-Adult.

INSTRUCTOR:	Dan Layne
LOCATION:	Recreation Hall, Covina Park
BEGINNING:	June 17
DAY & TIME:	Friday, 7:15-8:45 pm
FEE:	\$60/8 weeks

#### **TAI CHI MOVEMENT & RELAXATION**

This easy to learn system of relaxed movements provides strength and a workout without physical exhaustion. Improve the mind's focus and regain lost ability of motion. Ages 12-Adult.

INSTRUCTOR:	Dan Layne
LOCATION:	Recreation Hall, Covina Park
BEGINNING:	June 17
DAY & TIME:	Friday, 6-7 pm
FEE:	\$45/8 weeks

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#### **YOGA**

This Yoga class develops strength and flexibility and releases stress. Bring a mat or towel. Ages 18 & up. No class June 27, 29, July 4, 6 and 7.

INSTRUCTOR:	Chris Maletz
LOCATION:	Monday - Cougar Park or Wednesday - Covina Public Library
BEGINNING:	June 13 or 15
DAYS & TIMES:	Mon. 6:15-7:15 pm or Wednesday 9:30- 10:30 am
FEE:	\$56/8 weeks



#### **SPINNING CLASS**

Try an indoor cycling training class uniquely tailored to suit a wide range of abilities and fitness goals. Each spinning class delivers an incredible calorie burn. Preregistration required. First time students arrive 10 minutes early to check in. No class July 4. Ages 18 & up.

INSTRUCTOR:	Spin 360 Staff
LOCATION:	Spin 360, 757 E Arrow Hwy #J, Glendora
BEGINNING:	Ongoing
DAYS & TIMES:	Monday/Wednesday/Friday, 5:30 am, 7:30 am, 9:30 am, 4:30 pm, 6 pm (M/W only), Tuesday/Thursday, 8:30 am, 4:30 pm, 6 pm; Saturday/Sunday, 8:30 am
FEE:	

#### **TENNIS CLASSES**

Bring tennis racquet. Ages 18 & up.

INSTRUCTOR:	A.J. Seresinghe, USPTR Certified
LOCATION:	Covina Park, Tennis Courts,
	Fourth Ave. & Badillo

#### **PRIVATE TENNIS LESSONS**

DAY & TIME:	To be arranged
FEE:	\$35/hour (Individual); \$45/hour (Group of 4)

#### TEAM TENNIS FOR WOMEN OR MEN

Learn skills and strategies for competition and compete throughout class as singles or doubles. Participants may form teams to prepare for competition in the USTA Leagues.

#### **WOMEN**

BEGINNING:	Session I-June 15, Session II-July 27
DAY & TIME:	Wednesday, 8:30-10 pm
FEE:	\$45/5 weeks

#### MEN

BEGINNING:	Session I-June 16, Session II-July 28
DAY & TIME:	Thursday, 8-9:30 pm
FEE:	\$45/5 weeks

#### **TENNIS FOR BEGINNERS**

BEGINNING:	Session I-June 14, Session II-July 26
DAY & TIME:	Tuesday, 8:30-9:30 pm
FEE:	\$45/5 weeks

#### **INTERMEDIATE TENNIS**

Good for fine tuning and correcting strokes and taking the next step in improving game skills. Learn overhead smash, lob, top spin, game strategy and much more.

BEGINNING:	Session I-June 15, Session II-July 27
DAY & TIME:	Wednesday, 7:30-8:30 pm
FEE:	\$45/5 weeks



# **ADULT DANCE**

## **BEGINNERS SQUARE DANCING**

Learn the basic square dance steps in this easy to follow class. You will be dancing beginning the first night. Class also includes one easy level line dance each night. Wear smooth-soled shoes. Ages 16-Adult.

INSTRUCTOR:	Bill Sutman
w	Cougar Park
BEGINNING:	July 6
DAY & TIME:	Wednesday, 7-9 pm
FEE:	\$60/10 weeks or \$8/per class drop-in (cash only/exact change please)



#### **MODERN EGYPTIAN BELLY DANCING**

Beginner's class introduces and breaks down articulation at basic belly dance movements, such as figure eights, shimmy, arm and hip isolations. Intermediate/Advanced class includes complex combinations and various shimmy techniques with mini choreography and requires instructor's approval. Ages 16-Adult.

INSTRUCTOR:	Arlene Mar
LOCATION:	Recreation Hall, Covina Park
BEGINNING:	Session I-June 15 or 16; Session II-August 17 or 18
DAYS & TIMES:	Wednesday, 8:15-9:15 pm (Beginners), Thursday, 8:15-9:15 pm (Intermediate/ Advanced)
FEE:	\$48/8 weeks, Session I, \$24/4 weeks, Session II

#### **POLYNESIAN HAWAIIAN DANCE**

Sway your hips and do the graceful hand movements of Hawaii and the agility of the poi ball dance. Poi balls can be purchased from instructor. Ages 16-Adult.

INSTRUCTOR:	Gabe Van Leeuwen, "Tavanna"
LOCATION:	Recreation Hall, Covina Park
BEGINNING:	June 15
DAY & TIME:	Wednesday, 6:10-7:10 pm
FEE:	\$49/7 weeks

#### **COUNTRY LINE DANCING**

Learn the latest line dances step by step in a relaxed atmosphere. This class is also a great way to stay in shape. Ages 16-Adult. No class July 4.

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INSTRUCTOR:	Pam Wagoner
LOCATION:	Cougar Park
BEGINNING:	June 13
DAY & TIMES:	Monday, 7:15-8:15 pm (Beginners), 8:15-9:30 pm (Intermediate)
FEE:	\$36/8 weeks-Beg. or Int., \$52/8 weeks-Beg. and Int

#### **SUNDAY DANCE CLASSES**

Partners recommended, but not required. Ages 15-Adult.

INSTRUCTOR:	Cheryl Sevold
LOCATION:	Recreation Hall, Covina Park
BEGINNING:	July 10
FEE:	\$35/6 weeks

#### **SALSA**

DAY & TIME	Sunday, 1:30-2:30 pm

#### **BALLROOM - "SHALL WE DANCE"**

Includes an introduction to Foxtrot, Waltz, Rumba, Tango and Cha-Cha.

DAY & TIME	Sunday, 2:30-3:30 pm
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#### **LET'S SWING!**

Learn all the basics for the different Swing tempos.

DAY & TIME	Sunday, 3:30-4:30 pm
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#### DANCE CLASSES WITH VERA BOTELLO

LOCATION:	Recreation Hall, Covina Park
BEGINNING:	June 26
FEE:	\$55/8 weeks (Level I), \$60/8 weeks (Level II)

#### **FOLKLORICO**

Folk dances from the different states of Mexico. Proper warm-up and technique footwork and use of costumes are covered. Wear dance attire and sturdy shoes. Ages 6-Adult.

<b>DAY &amp; TIME</b> Sunday, 6-6:45 pm (Level I); 6:50-7:50 pm (Level II)
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#### **FLAMENCO**

Learn this exciting and beautiful dance from an accomplished teacher and performer. Emphasis on correct body posture, arm and hand movement, playing of castanets and footwork. Students taught choreography and structure of dances to create their own routines. Ages 10-Adult.

#### DAY & TIME:

Sunday, 8-9 pm

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# SENIOR SERVICES

#### **VALLEYDALE PARK COMMUNITY CENTER**

5525 North Lark Ellen Avenue Azusa, CA 91702 (626) 384-5380 (626) 384-5380 for Nutrition Reservations only, 9-11:45 am

The City of Covina senior services will be temporarily housed at Valleydale Park Community Center in Azusa, in co-sponsorship with the Los Angeles County Parks & Recreation Department while the new Covina Senior and Community Center is being constructed. Please join us at this facility and see all the familiar faces of staff and patrons.

#### **OPERATING HOURS:**

Monday-Friday, 9 am-4 pm

#### **HOLIDAY CLOSURES:**

Monday, May 30, Monday, July 4

#### **SPONSORSHIP OPPORTUNITIES!**

Become an event sponsor! Don't pass up the opportunity to promote your company to Covina's senior community. If your business or organization is interested in sponsoring an event or program, please call (626) 384-5380.

#### THANK YOU SPONSORS!

Christian Science Reading Room



For health. Not for profit.

# **SPECIAL EVENTS**

#### **FATHER'S DAY LUNCHEON**

Sponsored by AGA, Inc. - Join us for a Father's Day celebration with entertainment and fun activities for all!

DATE & TIME:	Thursday, June 16, 11:30 am-1:30 pm
FEE:	FREE (\$3 suggested donation through Nutrition Program)
REGISTRATION DEADLINE:	

#### INDEPENDENCE DAY CELEBRATION

Celebrate with great entertainment and sing along to your favorite patriotic tunes. Show your spirit by wearing red, white and blue!

DATE & TIME:	Friday, July 1, 11:15 am-1:30 pm
FEE:	FREE (\$3 suggested donation through Nutrition Program)
REGISTRATION DEADLINE:	Friday, June 26

#### **MONTHLY THEMED DANCES!**

FEE: \$5 per person, per dance

### **SUMMER BEACH JAM!**

Dance to the music of the Beach Boys, Frankie Avalon, and more! Enjoy light refreshments.

DATE & TIME:	Friday, June 17, 1:30-4:30 pm
REGISTRATION DEADLINE:	
DEADLINE.	

#### **HAWAIIAN DANCE OASIS**

Dance and sway your hips at the luau! Visit the fresh fruit bar! Dress Hawaiian!

DATE & TIME:	Friday, July 22, 1:30-4:30 pm
REGISTRATION	Friday, July 15
DEADLINE:	

# **END OF SUMMER DANCE & KARAOKE PARTY**

Brush up on your old favorite tunes and sing along with us as we say goodbye to summer! Visit the dessert bar! Wear White!

DATE & TIME:	Friday, August 19, 1:30-4:30 pm
REGISTRATION DEADLINE:	Friday, August 12

#### **BEAT THE HEAT SENIOR SUMMERFEST**

FREE! - Sponsored by AGA, Inc.

#### **ICE CREAM SOCIALS**

Ice cream and sprinkles, whipped cream and more, that's what an ice cream party is for!

DAY & TIME:	Thursday, 1 pm
DATES:	July 7 and 21, August 4 and 18

#### **MOVIES & MUNCHIES**

Stroll on down to the Valleydale Park and enjoy the classics at our summer film fest. Fresh popcorn, snow cones and other goodies are all included to make these movie events extra special!

DAYS & TIME:	Friday, 1pm
Dates	June 3, 10, 24, July 8, 15, 29, Aug. 5, 12, 26

# **NIFTY OVER FIFTY ACTIVITIES**

All activities are FREE (unless otherwise noted) and take place at Valleydale Park Community Center, 5525 N. Lark Ellen Ave., Azusa

#### **TECH TALK**

Need assistance to overcome the fear of operating your cell phone, smart phone, tablet, laptop, iPad or Nook? Meet the tech-savvy teens from the Covina T.E.A.M. (Teens Endeavor to Accomplish More) as they help you navigate the digital world. (Must bring your own device.)

DAY & TIME:	Wednesday, 3-4 pm
DATES:	June 29, July 27, August 10

#### **BEAN BAG BASEBALL**

Sponsored by Bridgecreek -This game promotes physical activity with seniors getting out of the chair to bat, stand on base, walk to the next base and toss the bean bag. While not strenuous, it does involve leg strength, balance, coordination and arm movement.

DAY & TIME:	Monday, 10:15-11:15 am
DATES:	June 20, July 18, August 15

# WALK THE WALK - STEP UP TO BETTER HEALTH

Improve your heart's health and meet new friends. Wear your walking shoes and bring water. Walk canceled if raining.

DAY & TIME: Wednesday, 9 am
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#### INDOOR CHAIR BEACH VOLLEYBALL

Have fun while reducing stress, improving cardiovascular fitness, increasing flexibility and toning muscles.

DAY & TIME:	Friday, 1:30-2:30 pm (Beginning 6/3)
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#### **BUNCO BASH**

Prizes and light refreshments.

DAY & TIME:	2nd and 4th Thursday of each month, 1-3 pm
FEE:	\$2

#### **VALLEYDALE SENIOR BINGO**

For ages 50 and older, join us for a friendly game of Bingo with your friends. Small prizes awarded.

Days & time:	Friday, 9-11 am
FEE:	FREE

# COMING SOON! BILLIARDS ROOM

(Adults 50 & over) New location and starting date to be determined. Please call for more information or check the city's website at www.covinaca.gov.



#### **PROGRAMS & SERVICES**

For more information, please call (626) 384-5380.

#### LOS ANGELES REGIONAL FOOD BANK

Qualified individuals may receive a free food kit once per month. To qualify, individual must be at least 60 years of age, with income not exceeding \$1,211 per month for one person and \$1,640 per month for two persons. Must bring valid California ID and proof of income (i.e., bank statement/social security statement).

LOCATION:	Valleydale Park Community Center, 5525 N. Lark Ellen Ave., Azusa
DAY & TIME:	Wednesday, 9-11 am
DATES:	June 15, July 20, August 17, September 21

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#### FREE BLOOD PRESSURE CHECKS

Provided by Inter Valley Health Plan

Day& time: Second Tuesday of the month, 10 am-12 pm

#### FREE LEGAL ASSURANCE- APPOINTMENT ONLY!

Call (626) 384-5380 to make an appointment.

**Howard Hawkins:** Wednesday, 1-2:15 pm **Location:** Valleydale Park Community Center, 5525 N. Lark Ellen Ave., Azusa

Kevin Stapleton: First and Third Friday of the month,

10-11 am

Location: Covina Parks & Recreation Department,

1250 N. Hollenbeck Ave.

## FREE NOTARY SERVICES

Services provided by Sona E. Baghdassarian of Zamel Real Estate Inc. Realtor #01079462. Call (626) 384-5380 to make an appointment. (Limited to 3 documents)

Day& time: 1st Wednesday of each month

## **CASE MANAGEMENT SERVICES**

Funded by Community Development Block Grant, Coordinated by YWCA Intervale Senior Services. Case Management assists those 60 years and older who have problems which are preventing them from living independently or from receiving needed services. The Case Manager acts as an advocate and connects seniors with available services. There is no charge for services, but a voluntary donation of \$5 per hour is suggested. Appointments required, call (626) 384-5380.

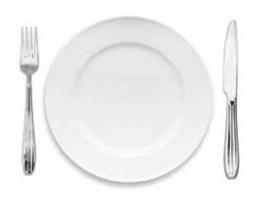
#### INFORMATION AND REFERRAL

Funded by Community Development Block Grant City staff maintain a resource file of local programs and services that contribute to the health and well-being of older adults. If you need access to services, call (626) 384-5380. You may also contact the 24-hour LA County INFO LINE at (626) 350-6833.

#### **DAILY NUTRITION PROGRAM**

Funded in part by Community Development Block Grant and with Federal

funding through the LA County Area Agency on Aging This program is administered by YWCA Intervale Senior Services. For reservations or to volunteer in the kitchen, please call (626) 384-5380, Monday-Friday,



9-11:45 am at least one week in advance.

DAYS & TIM	E: Monday-Friday, 12 pm (check-in no later than 11:45 am)
FEI	S: \$3 suggested donation for those 60 and older
	\$5 fee for those under 60

# **VOLUNTEER OPPORTUNITIES IN SENIOR SERVICES**

Have a desire to help out at the Senior Center? Well, we need you! Please inquire with any City staff person at Valleydale Park Community Center or call (626) 384-5380.

#### POSITIONS AVAILABLE INCLUDE:

Nutrition Reservation Desk: Monday-Friday 9-11:45 am Nutrition Check-in Table: Monday-Friday, 9-11:45 am Kitchen Helper/Server: Monday-Friday, 11 am-1 pm

#### **HEARING SCREENING - FREE!**

Connect Hearing will be on hand to perform free hearing tests for seniors (age 50 & up). Call (626) 384-5380 for an appointment.

DAY & TIME: Tuesday, June 7, 9 am-12 pm
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# SENIOR EXCURSIONS

Preregistration is required for all trips. Register at Valleydale Park Community Center or by calling (626) 384-5380. Complete trip policies, including refund policy will be provided when registering and are also available at **www.covinaca.gov.** All trips leave from and return to Valleydale Park Community Center in air-conditioned motorcoaches.

#### **DODGER STADIUM TOUR & OLVERA STREET**

This 56,000-seat icon of American sports history has been home to some of the greatest players in the game. This behind-the-scenes tour lets fans visit some of the most restricted and non-public areas such as the Dodger Dugout,



awards area, Vin Scully Press Box, and many more surprises. As baseball's third oldest stadium, Dodger Stadium remains one of the game's most beautiful and most historic venues.

Following the tour, guests will be taken to Olvera Street for shopping and lunch on your own. Moderate to extensive walking.

DATE & TIME:	Wednesday, June 22, 8 am-4 pm
FEE:	\$25 (lunch not included)
REFUND DEADLINE:	Friday, May 27

#### PALA RESORT SPA AND CASINO

With over 2,000 slot and video machines, 87 table games and 10 great restaurants, you are sure to find something fun to do! Valid ID and enrollment in rewards program required to receive \$10 slot play (subject to change). Moderate sitting and walking.

DATE & TIME:	Wednesday, July 6, 9 am-6 pm
FEE:	\$15 (lunch not included)
REFUND DEADLINE:	Friday, June 3

#### **MEDIEVAL TIMES SHOW & LUNCH**

Experience the chivalry, rivalry and revelry of medieval Spain! Enjoy jousting, horsemanship and falconry, plus a 4-course, utensil-free meal. Moderate sitting and walking.

DATE & TIME:	Wednesday, July 27, 9 am-3 pm
FEE:	\$27 (lunch included)
REFUND DEADLINE:	Friday, June 24



## HARRAH'S RINCON CASINO - SAN DIEGO

Enjoy Vegas-style action with 1,600 hot slots and more than 60 exciting table games. Valid ID and enrollment in rewards program required to receive \$10 slot play (subject to change). Moderate sitting and walking.

DATE & TIME:	Wednesday, August 3, 8 am-5 pm
FEE:	\$15 (lunch not included)
REFUND DEADLINE:	Friday, July 1

#### **PECHANGA CASINO**

Try your luck at 3,000 state-of-the-art slot and video machines and 132 table games. Valid ID and enrollment in rewards program required to receive \$10 slot play (subject to change). Moderate sitting and walking.

DATE & TIME:	Wednesday, September 7, 8 am-5 pm
FEE:	\$15 (lunch not included)
REFUND DEADLINE:	Friday, August 5

# MUMMIES OF THE WORLD AT BOWERS MUSEUM & SHOPPING

This self-guided tour of real mummies and artifacts from across, includes a compelling collection dating back as far as 4,500 years. Through modern science, engaging interactive and multi-media exhibits featuring 3-D animation, explore how mummies are created, where they come from and who they are. After the museum, enjoy an afternoon of shopping and lunch on your own at the Outlets at Orange. Moderate to extensive walking.

DATE & TIME:	Wednesday, August 24, 8 am-5:30 pm
FEE:	\$25 (lunch not included)
REFUND DEADLINE:	Friday, July 29

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# SPECIAL INTEREST CLASSES

These classes are designed especially for older adults, but are open to any adult. All classes take place at Valleydale Park Community Center, 5525 N. Lark Ellen Ave., Azusa. Preregistration is required.



#### **EXERCISE AND FITNESS CLASSES**

# **YOGA (HATHA)**

Learn poses to increase and strengthen your flexibility and balance and breathing exercises to promote a healthy body. Learn relaxation exercises to reduce stress and tension. No class July 4.

INSTRUCTOR:	Nikki Valdez
BEGINNING:	June 20
DAY & TIME:	Monday, 9-10 am
FEE:	\$50/8 weeks

#### TAI (CHI KUNG) STRETCH

Class includes a combination of isolated exercises for joints and muscles that may help with muscle or joint problems. Learn breathing techniques through Yoga, balance and strength through Tai Chi, and an introduction to "Chi Hula."

INSTRUCTOR:	Gabe (Tavanna) Van Leeuwen
BEGINNING:	June 21
DAY & TIME:	Tuesday, 10:15-11:15 am
FEE:	\$22/8 weeks

#### **COMING THIS FALL - ZUMBA!**

New instructor! Check out the fall issue of *Covina Today* for more information.

#### **ARTHRITIS EXERCISE CLASS**

This class is designed to help people with any form of arthritis keep joints flexible, maintain range of motion and build overall stamina. No class July 4.

INSTRUCTOR:	Terri Thomas
SESSION:	Continuous-attend anytime
DAYS &TIMES:	Monday and Wednesday, 1:30-2:30 pm
FEE:	FREE

# DANCE CLASSES

#### **LINE DANCING**

Line dancing is a great way to exercise while having fun. Learn proper heel, toe steps along with simple dance routines. Shoes must have a backing (no flip flops).

INSTRUCTOR:	Pam Wagoner
BEGINNING:	June 28
DAY & TIMES:	Tuesday, 1:30-2:30 pm (Beginners) 2:30-3:30 pm (Intermediate)
FEE:	\$25/10 weeks – Beginners or Intermediate \$35/10 weeks – Beginners and Intermediate

#### **BELLY DANCING FOR SENIORS - NEW!**

Basic belly dancing provides a low impact aerobic activity to improve flexibility, muscle tone and balance.

INSTRUCTOR:	Jo Anne Folino
BEGINNING:	June 21
DAY & TIME:	Tuesday, 8-9 am
FEE:	\$10/8 weeks

# SPECIAL INTEREST CLASSES

#### **FAMILY HISTORY GENEALOGY**

Learn to trace your family ancestry. Bring notepad.

INSTRUCTOR:	Bill Sumbot
DATES:	June 20 or August 8
DAY:	Monday, 3:30-5:30 pm:
FEE:	\$10/1 day

#### WATERCOLOR FOR BEGINNERS

Learn the basic techniques of watercolor painting. All students must purchase the required supplies prior to class. A list will be provided at time of registration.

INSTRUCTOR:	Terri Thomas
BEGINNING:	June 7
DAY & TIME:	Tuesday, 2:30-4:30 pm
FEE:	\$30/8 weeks

#### FREE CLASSES PROVIDED BY MT. SAC

All classes are on a walk-in basis. Must purchase own supplies.

Summer Session: June 20 -July 31

**HOME GARDENING** 

**DAY & TIME:** Monday, 12:30-2 pm

#### **SENIORCISE - HEALTHY AGING**

DAYS & TIME:	Tuesday & Thursday, 9-10 am
REGISTRATION DATE:	June 7 (Due to popularity of class, a lottery will be conducted.)

# KNITTING & CROCHETING - HANDCRAFTED NEEDLE-WORK FOR RETAIL SALES AND BOUTIQUES

**DAY & TIME:** Wednesday, 8:30-11:30 am

PRINCIPLES OF YOGA - HEALTHY AGING

**DAY & TIME:** Thursday, 10-11:30 am

**FALL PREVENTION: BALANCE AND MOBILITY** 

**DAY & TIME:** Thursday, 11:30 am -12:30 pm



#### **ADVISORY COMMITTEE AND CLUBS**

Call (626) 384-5380 for more information.
All clubs meet at Valleydale Park Community Center, 5525
N. Lark Ellen Ave., Azusa unless otherwise noted.

#### **SENIOR ADVISORY COMMITTEE**

**MEETING DAY & TIME:** Second Wednesday of the month, 9:30 am (Club does not meet in August.)

#### **CLUB MEETINGS**

#### **COVINA SENIOR CITIZEN CLUB**

**Location:** Covina United Methodist Church, 437 W. San Bernardino Rd.

Meets Fridays, 9-9:30 am (Bingo 9:30-11:30 am)

#### **INTER-COUNTY GARDEN CLUB**

Meets first Monday of the month, 10:30 am -12:30 pm (No meetings June-September)

#### **RED HAT SASSY LADIES OF COVINA**

Meets first Wednesday of the month, 12:30-2 pm

#### **TAI CHI CLUB**

Meets Mondays, 10:30 am -11:30 am Club does not meet on the third Monday of the month.

#### **HAPPY STROKERS CLUB**

Meets Tuesdays and Thursdays, 10:30 am

## **NEW! VIP CLUB (Volunteers-in-Planning)**

Are you a party planner? Do you have a desire to help plan the events at the senior center? We need you! Join the VIP Club and be a part of the magic!

DAY & TIME: 1st Monday of month, 2:30-3:30 pm

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# PROGRAM REGISTRATION FORM

Determine who the MAIN CONTACT is for your family. This is the person who STEP 1 assumes financial responsibility for all registrations.

Main Contact Last Name		First Name							
Home Phone ()	Won	k Phone ()							
Cell Phone ()	E-mail								
Address		City							
STEP 2 REGISTER									
Participant's Name		Birth Date	//	Male or Female					
Activity	Start Date	Day	Time	Fee					
Activity	Start Date	Day	Time	Fee					
Activity	Start Date	Day	Time	Fee					
Participant's Name		Birth Date	//	Male or Female					
Activity	Start Date	Day	Time	Fee					
Activity	Start Date	Day	Time	Fee					
Activity	Start Date	Day	Time	Fee					
Parent/Child, Adult/Teen of In consideration of the City of Covina furelease the City, its officers and employed any and all rights and claims for damagineur as a result of participation in City City programs are subject to being photon	rnishing facilities, supervisors ees, on behalf of myself, my chi es or injuries to property and/o activities or events, or use of (	, equipment or expend ld(ren), my heirs, ass r person which under City property. I furth	ses, I agree to ho signees, administ ssigned or partic	rators and executors, ipant may sustain or					
SIGNATURE			DATE _						
** Do NOT include material fees with pro PAYMENT METHOD:  Check (payable to: City of Co (\$25 service fee for all returned check	ovina)	MAIL Covina	•	tion Office					
or □ VISA or □MasterCard		ĺ	CA 91722						
Credit Card Number:									
Print name as it appears on card:		Authorized Signature	:						
YOU	can help bu		eam!						



Your tax deductible contribution can help a low-income child achieve a dream and participate in a positive activity. All donations are deposited in a restricted fund and are used only for this program. All parents applying for a sponsorship must pay a portion of the program fee.

Donation Amount: \_\_\_\_\$10 \_\_\_\_\$25 \_\_\_\_\$50 Other: \$



(Please include donation payments with registration fees if paying by check or initial here to authorize charge to your credit card. Initials)



Mary Lou Walczak Geoffrey Cobbett

City Clerk

Treasurer

# **COVINA, CALIFORNIA**

PRSRT STD U.S. Postage Paid Covina, Ca 91722 Permit No. 120

**ECRWSS** 

CITY OF COVINA, 125 E. COLLEGE ST, COVINA, CA, 91723, WWW.COVINACA.GOV

# COVINA PARK SYSTEM REFERENCE GUIDE

				V 7		-				-			
res (Approximate)	yground - Tot Lot	yground - Ages 2-5	yyound - Ages 5-12	sketball Courts	rseshoePits	ture Trail (NT), Pool (P), Splash Pad (S)	storical Walk (W), Mural (M)	king	nic Tables	rbecue (s)	unis Courts	ller Hockey Rink	Sport Fields
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# 210 FREEWAY (approx. 2-3 miles)

